

SURVIVORSUK

SurvivorsUK
training package

**Our Proposed
Training
Cycle**



Training Cycle

1.

- Introduction to the topic*.
- Introduction to SurvivorsUK.
- Delivered in your workplace by our Outreach & Engagement Officer.

2.

- Day's training on working with male survivors*.
- Delivered by our clinical supervisor and counsellor.

4.

- Bespoke training for your team based on needs.
- Potential reintroduction of the topic to the wider organisation.

3.

- Specialist modules* introduced including risks, trauma-informed work & communicative platforms.
- Delivered by our clinical supervisor and counsellor.

*Introduction:

Making the conversation accessible in a safe environment.

Discussing **current statistics** and framing

Male rape and sexual violence in the **media**

Debunking **rape myths**

Working to understand how **myths translate into barriers**

What **SurvivorsUK** do & why

Case studies of current clients

Learning **what tools can help** someone affected by sexual violence

How we can all **create change**

*Working with Male Survivors:

Making the conversation
accessible in a safe environment.

Cultural & social
**constructions of
masculinity**

Cultural & social
**constructions of
masculine
sexuality**

Gender specific
experience of
sexual assault

Barriers to
reporting &
speaking

Stats, **stats** &
more stats!

PTSD & the
**psychological
impact** of sexual
abuse & assault

How to best
support men
who come
forward

Impact on you as
an individual and
a team

*Specialist modules:

Areas which impact survivors of sexual trauma. Further areas available on request.

Working with survivors who are **also perpetrators**

Working **creatively** and **courageously** with **suicide risk** and self-harm

Drug & alcohol difficulties

Working therapeutically across different **media** (e.g. email, webchat, text)

Sexual & gender identities

Working with survivors of **female-perpetrated** sexual abuse

The ABC of **trauma informed work**

Groupwork: a bespoke integrative model

Cost

of booking onto
training days hosted
in SurvivorsUK
offices.



Large Organisations:

£150 per head.

(discounted to £120 per head with 3+ bookings.)



Small Organisations:

£100 per head.

(discounted to £75 per head with 3+ bookings.)

**(Organisations with 25+ employees are deemed large.)*

Cost

of booking training days for your team in your offices.

Standard day training

(10am – 4pm)

Bespoke modules

	Community & Non-Profit	Large 3 rd Sector, Education, Foundation & Local Authority	Corporate & Large Public Sector
Standard day training (10am – 4pm)	£750 per session	£1050 per session	£1250 per session
Bespoke modules	£100 per hour*	£150 per hour*	£200 per hour*

**Hourly rate includes preparation time for specific requests.*

Costs calculated on perceived ability to pay based on organisation. All profits are used to benefit clients and our services provided to them.

Thanks!

If you want to know more about our services, as well as any others questions, please get in touch!

Sam Thomson

Outreach and Engagement Officer

sam.thomson@survivorsuk.org

07521 506021

www.survivorsuk.org