

*Company number: 3792760*

*Charity number: 1077484*

# **Survivors (UK)**

**(A Charity Company Limited by Guarantee, company number 3792760)**

## **Audited Financial Statements**

**and**

## **Trustees' Report**

**for the year ended 31 March 2016**

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# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

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# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Charity Information for the year ended 31 March 2016

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Survivors (UK) is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. The directors of the charity are its trustees for the purposes of charity law and throughout this report are collectively referred to as the trustees.

Charity name: Survivors (UK)

Other operating names: SurvivorsUK

Company registration number: 3792760  
England

Charity registration number: 1077484

Registered office: 11 Sovereign Terrace  
London E1W 3HW

Operations address: 11 Sovereign Terrace  
London E1W 3HW

Trustees who held office during the year:	Mr Mathieu Veillette	- Resigned 1 March 2016
	Mrs Charlotte Zamboni	- Resigned 18 August 2015
	Mr Robert Hill	
	Prof Phil Rumney	
	Mr David McClenaghan	
	Dr Clare Meraz	- Appointed 26 May 2015
	Mr Matthew Tennant	- Appointed 10 October 2015
	Mr Ishmael Bangura	- Appointed 1 March 2016
Dr Joanna Jamel	- Appointed 19 January 2016	

Chair: Mr Robert Hill

Senior Statutory Auditor: **Anthony Armstrong FCA**  
**Armstrong & Co**  
*Chartered Accountants & Statutory Auditors*  
4a Printing House Yard  
Hackney Road  
London E2 7PR

Bankers: **Unity Trust Bank**  
Nine Brindleyplace  
Birmingham B1 2HB

# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Trustees' Report, incorporating the Directors' Report for the year ended 31 March 2016

The Trustees of Survivors (UK) present their report together with the financial statements for the year ended 31 March 2016.

### Our Mission

SurvivorsUK's mission is to help men who have been sexually abused or assaulted and raise awareness of their needs. Our service users are principally people over the age 18 who identify as male and who have experienced sexual abuse or assault as children or as adults. We aim to support the family and friends of survivors as well as those who work with them, such as the police and healthcare professionals.

### The Impact of Sexual Violence on Survivors:

The long term effects of sexual abuse and sexual assault are well documented and comprise a wide range of psychological, emotional, social and physical symptoms which include:

- anxiety, depression and low self-esteem;
- drug and alcohol addiction, compulsive sexual behaviours, eating disorders, sleep disorders;
- borderline personality disorder, schizophrenia, psychosis, post-traumatic reactions;
- sexual dysfunction, social dysfunction, dysfunction of relationships (including parenting), poor education and employment records; and
- a wide range of physical symptoms.

### The Profile of Survivors:

Male sexual abuse can happen to anyone irrespective of their gender identity or sexual orientation, ethnicity or other characteristics. Many male survivors struggle with disclosure of their sexual victimisation and will not confide in even those closest to them. This is because they are frightened of the response, such as disbelief or the negative perception of their gender identity or sexual orientation. They also fear a negative response from the police despite advances in specialist service provisions to rape survivors (see Jamel, Bull & Sheridan, 2008). This means that our main challenge is to raise awareness mainly among those who may need our help but do not know where to go but also among the public, press and politicians so that the true measure of this issue can be understood and adequately targeted with the necessary resources.

### The Prevalence of Sexual Abuse and Sexual Assault

#### Extensive underreporting:

There is a massive under-reporting of the crime of rape in general, however, when the victim is male this issue is even more pronounced. For example, the Crime Survey for England and Wales (CSEW) (2012/2013) stated the police recorded crimes for the rape of a female aged 16 or over was 10,548 compared to the rape of a male aged 16 or over which was 495. One of the many reasons why male victims may find it extremely difficult to disclose their sexual victimisation, may be due to victims' experiences of shame, guilt and isolation which can be exacerbated by their sense of maleness inhibiting their help-seeking behaviour which is what we need to address through raising awareness of this crime.

#### Victim-Offender Relationship

Irrespective of gender, the majority of rape survivors know the perpetrator to some degree. For example, they are a friend or acquaintance in 30% of cases with 26% of cases involving a perpetrator who is a family member, whereas for other types of sexual assault the perpetrator was most likely to be a stranger (42%) (CSEW, 2016). Research also suggests that male rape survivors are more likely to be raped by an acquaintance (see Choudhary, Coben & Bossarte, 2010).

Of crimes of rape or assault by penetration, male victims (15%) were three times more likely than females (4%) to report that they had been abused by a person in a position of trust or authority, such as a teacher, doctor, carer or youth worker (CSEW 2016).

#### Official Statistics and their Limitations:

Official statistics present a disparate and confusing picture of the extent of this crime, the only clear theme being the reluctance of men to disclose officially their victimisation, resulting in a very low reporting rate. The following table presents a summary of prevalence data composed of self-reported statistics on rape and sexual assault.

British Crime Survey 2011-12	
Attempted or Completed Rapes Against Adult Males	1,425
Serious Sexual Assaults	2,872
Crime Survey England & Wales (CSEW) 2012-13	
Male Victims of Sexual Assault	75,000
Male Victims of Rape	9,000
Crime Survey England & Wales (CSEW) 2013-14	
Some form of Sexual Assault	116,000

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The CSEW (2016) estimates showed no significant change in the number of adult sexual assault survivors aged 16 to 59 compared with 2015. The presentation of the CSEW statistics, however, together with the police recorded statistics is to try to provide a more balanced picture since rape is a heavily underreported crime as mentioned above and male rape even more so. Previous research has also found that survivors are more likely to self-report rather than report to the police in a study which compared police and self-reports of male rape (Hodge & Canter, 1998).

### Police Statistics

Police-recorded figures show fewer than 3,000 incidents of rape or sexual assault of a male (Ministry of Justice, 2014), an estimated 1,000 of which were incidents of rape of a male aged 16 or over. The Office for National Statistics 2013 report "An Overview of Sexual Offending in England and Wales" states that there were 72,000 sexual assaults against men in the preceding 12 months. Baroness Stern in her 2010 Rape Review stated that the incidence of reporting for all victims is around 11% with the rate for adult men likely to be between 4% and 6%. In London, 825 men reported a serious sexual offence to the Metropolitan Police in 2014. This is an increase of more than 100% over the last 2 years and represents over 20% of all reports of serious sexual crime in the capital.

Police recorded sexual offences increased by 21% in 2016 which could be due to their improved recording practices of these offences together with victims feeling more able to report such crimes. The police recorded an increase of 21% in sexual offences in the period 2015-16 compared with the previous year (106,378 offences). This number includes a 22% increase in rape and 20% increase in other sexual offences. A limitation of police recorded crime data is the lack of reliability with regard to a clear indication of trends in the perpetration of sexual offences. As aforementioned the increases could be the result of an improvement in the police recording practice of sexual offences or an increased willingness of victims to report such crimes or a combination of both of these factors (CSEW, 2016). The pivotal service that Survivors UK's provides to male survivors of rape and sexual abuse is underscored by the fact that the number of sexual offences are the highest in 2016 since the National Crime Recording Standard (NCRS) was established in April 2002 (CSEW, 2016).

Furthermore, it is only the second time that the total number of such offences has exceeded 100,000 in a 12-month period (the first time being in the year ending December 2015). The rate of year-on-year increases, however, is slowing; it was 29% in the year ending December 2015 and the latest increase is considerably less steep than those seen in the years ending March, June and September 2015 (37%, 41% and 36% respectively). Next we look at the prevalence of child sexual abuse (CSA).

### Child Sexual Abuse

The NSPCC in July 2014 puts the total number of adult child abuse survivors in UK at over 9 million. Additionally, "Child Abuse and Neglect in the UK today", an NSPCC Commissioned report by Radford et al. (2011) indicates that 1 in 6 boys and 11% of young male adults aged 16 – 18 years of age experience sexual abuse (including rape) every year. Some 75% of Survivors UK's own clients state that they have been abused as children (Survivors UK, 2016). This figure supports recent statistics from the Office of National Statistics which stated that "[O]ne in 14 adults in England and Wales were sexually abused as children...the first research of its kind". In addition, an average of 7% of adults – 11% of women and 3% of men...[stated] that they were sexually assaulted during their childhood, after questions about child abuse were introduced in the CSEW for the first time, thus suggesting that 567,000 women and 102,000 men (aged 16-59) were raped or subjected to assault by penetration as minors (Office for National Statistics, 2016). Next, we discuss historical cases of CSA within the contexts of Survivors UK's clients.

### Reports of Historical CSA to Survivors UK

A major current issue is the incidence of historical reports of child sexual abuse as discussed above which is also reflected in the statistics of our clients. For the past year of our *helpline*, 73% of clients reported that they had suffered sexual abuse as children whereas 27% reported being subjected to sexual abuse in adulthood. The figures for the *counselling service* over the last 6 years are 82% child sexual abuse and 18% adult sexual abuse while for our ISVA clients they are 42% child sexual abuse and 58% adult sexual abuse.

Dame Elish Angiolini's 2015 review of the criminal justice system response to sexual crime in London posits that reports of sexual offences in the capital are set to rise dramatically in coming years and recognises that men are likely to be represented disproportionately as they face additional barriers to reporting as discussed above. Thus, Survivors UK is committed to working independently and collaboratively to raise awareness of the prevalence of male sexual violation and enabling male victims to disclose their victimisation and increasing the accessibility of services through joined-up working.

### Our Services

As an organisation, our primary focus is on providing an integrated, high quality support and counselling service to our beneficiaries. This service includes:

- emotional support, information and signposting (both via webchat and over the telephone)
- face to face counselling
- telephone counselling
- ISVA (Independent Sexual Violence Advisor)

# Survivors (UK)

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- group therapy

In addition to these core services, we are committed to:

- Campaigning for greater recognition of male rape and sexual abuse of men and boys and for changes in legislation, policy and funding to provide fairer and more equal treatment of male survivors.
- Training professionals working or likely to come into contact with our service users in order to increase the number of available support resources and to up-skill these professionals in providing high quality support; and
- Supporting research on the diversity and impact of male sexual violation.

### The Impact of Our Services

Feedback forms from counselling clients in 2014/15 show that 100% of clients reported feeling better able to manage the impact of their experiences both on themselves and those around them. Of these 75% of clients rated their experience of SurvivorsUK as excellent and the remaining 25% as good. In addition, 81% reported improved personal relationships, including as parents, partners and friends. While, 63% reported improvements in work and education while in counselling at SurvivorsUK. Our clinical work is continuously monitored using CORE (Clinical Outcomes in Routine Evaluation).

The following examples of the impact of counselling over the last two years which in several respects show an improvement on the figures in our earlier annual reports are presented below:

Impact of Counselling	Improvement
Access to practical help	52%
Day to day functioning	69%
Coping strategies and techniques	69%
Exploration of feelings and problems	85%
Expression of feelings and problems	83%
Personal insight/understanding	88%
Subjective well-being	68%
Relationships	62%
Symptoms	64%
Planning and decision making	67%

Below are some of the outcomes indicated by the results noted above:

- Improved health and wellbeing: our recent CORE report indicates that SurvivorsUK clients experience improvement in self-care, depression and risk in addition to the use of improved coping mechanisms to deal with the legacy of their abusive experiences. We believe that this is a strong indication that their mental health and wellbeing is being positively affected.
- Reintegration: reintegration in the context of this work can take two main forms. The first is a reintegration of the shattered self. Many survivors of sexual violation have separated their core selves into disparate and containable elements in able to manage the impact of their experiences. The second presentation is re-integration into community. This is a key issue for male survivors who have often isolated themselves as a result of their experiences. The report indicates improvements in these areas.
- Reduced risk of suicide, self-harm, harm to others etc: a common experience of male survivors is that they feel unsafe. Their experience of abuse has put them in a world where their safety has been fundamentally compromised (often in repeated encounters) and they view the world and those close to them with suspicion. Counselling can help them to understand how to make themselves feel more safe and to understand how their experiences may lead to them viewing benign situations as dangerous ones.
- Exploring and expressing their feelings - feeling informed: the long term, exploratory nature of our work allows clients to engage in a meaningful way with the events of their sexual abuse and to interrogate their adult actions in light of those experiences. Through the counselling process they become better informed about themselves and about their relationship with others and can be guided to make better informed and healthier choices.

Groundbreaking work of Survivors UK:

- As a result of successful application to the Ministry of Justice Male Rape Funding stream, SurvivorsUK were funded to recruit the **first male focused Independent Sexual Violence Advisor for London**. The post holder supports male survivors in London who wish to explore the ways in which they can interact with criminal justice services and support them through any chosen engagement. This post commenced in April 2015. SurvivorsUK continued to lobby at Government for a meeting of the sexual violence All Party Parliamentary Group to discuss issues facing male survivors and appropriate government responses to these survivors.

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- Improved insight and understanding: many of our clients have never been able to explore the beliefs that they hold about themselves and those around them which are based on their abusive experiences. Working in a therapeutic manner with a counsellor provides a safe environment for them to address some of these concerns and allows the creation of more positive self-image.
- Access to other services: many of our clients have complex needs that we are unable to meet alone. SurvivorsUK provides them with information on other support services and illustrates how accessing these services might help in the broader context.

### Structure, Governance and Management

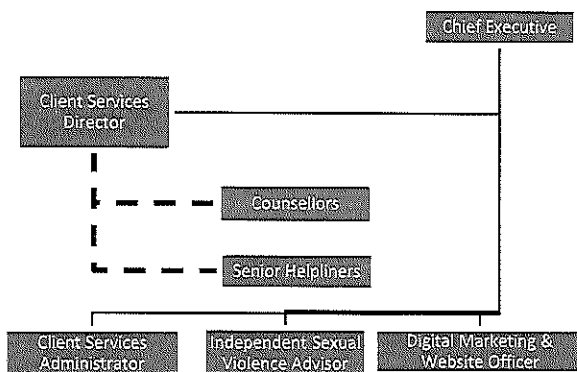
SurvivorsUK is a company limited by guarantee incorporated on 21 June 1999 and registered as a charity on 20 September 1999. The company's Memorandum of Association sets out its objects and powers, a copy of which is available through the Charity Commission.

The Board of Trustees of the charity takes ultimate responsibility for its activities and typically meets every six weeks. The day-to-day operations of the charity are undertaken by the management team.

During the year, the charity undertook a restructure of the senior management team. The restructure was preceded by a consultation with the affected staff members as well as the organisation more broadly. The previous structure of two senior directors taking responsibility for different areas of the organisation's activities was replaced with a structure in which a single person – the Chief Executive Officer (CEO) – had overall responsibility for management of the charity and all other members of staff report into the CEO. The CEO in turn reports to the Chair of trustees.

The new Chief Executive, Keith Best, joined the charity on 14 December 2015.

Organizational Flow Chart of the structure of SV UK



### Activities during the year

There have been a number of very exciting developments for the organisation in 2015/16.

The Launch of a New National Website to increase the Reach of Survivors UK:

In May, SurvivorsUK launched a new national website for men who have been sexually abused or assaulted using a substantial grant from the Ministry of Justice. The website was the culmination of a six month planning and development process and has allowed the organisation to significantly increase its outreach to actual and potential service users.

The Introduction of a Webchat Service to increase accessibility for Clients:

In addition to providing information and signposting, the launching of webchat services has allowed the organisation to offer emotional support on a much broader basis and beyond its traditional modes of service delivery such as face to face counselling and telephone support. In addition, the webchat service has allowed it to reach more effectively target service users in the 18 – 34 age bracket. The webchat operates seven days a week and is staffed by a team of senior helpliners. There has been an increase in the traffic to the website, with 144,654 people visiting the website (compared with 30,764 during the previous year), generating 166,088 visits (compared with 37,204 during the previous year) and 483,567 page views (compared with 94,041 during the previous year). Average traffic to the website increased by 346.43% and user engagement was higher from the previous year. The profile of website visitors tends to be those who are younger, mainly aged 25-34 (32.56%), 18-24 (32.06%) and 35-44 (16.43%). London and Birmingham were the most popular locations for visitors. This demonstrates the effectiveness of the website in reaching a hard-to-get group of male survivors for whom disclosure in any form is often very difficult.

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Dedicated ISVA for male clients:

In another major development, the organisation launched its **first ISVA (Independent Sexual Violence Advisor) service** in May. This service was also funded by a grant from the Ministry of Justice and supports men who are reporting, or thinking about reporting, to the police. During the year, 74 clients were referred to the service and there were 49 currently being helped at the year end. We provide practical and emotional support allowing people to make informed decisions while they navigate what can often be a difficult experience. **We have developed links with both the Sexual Offences Investigation (SOIT) and Child Abuse Investigation (CAIT) Teams within London's Metropolitan Police, other external ISVA services** thereby helping us provide a pan-London service. We have presented at various conferences and events for organisations such as the NHS and Victim Support to raise awareness of the challenges faced by male survivors of rape and abuse and the vital support ISVAs can provide.

Telephone Counselling:

Funded by the Henry Smith Charity we launched our telephone counselling service pilot in October. For some of our service users, a telephone is a more enabling environment for them to disclose and, of course, it avoids the geographical limitation of face-to-face counselling.

Relocation of Survivors UK to New Premises:

In order to redevelop the office spaces into residential housing our landlords offered us a premium to move around the corner to 11 Sovereign Close and the move was effected in October.

In addition to these new developments, the organisation has continued to offer and develop its other services.

Maintenance of Face-to-Face Counselling despite Funding Pressures:

It has been a challenging year for the counselling service in terms of funding (see below), we have been able to keep the service open throughout the year and over the course of the year provided face to face counselling to clients of whom 40 were new.

The Launch of Web-based Services:

The launch of web-based services has allowed the organisation to start to track more accurately who and where its service users are so as to identify where improvements can be made to target the diversity of potential clients who we need to reach, for example:

- Ethnicities are represented in the webchat caller data with 13% identifying as BME and 87% as white - these figures match exactly the census data of 2011. This would indicate a successful reach to all BME groups but, given the over-representation of London based callers, it does fall below the London averages, suggesting greater targeting could be done to ensure awareness in these communities.
- Another success is that 27% of webchat callers for whom we have data indicated that they identify as having a disability. This is far beyond anticipation and indicates the particular benefits of webchat in terms of improving access to difficult to reach groups.
- Gender and sexual identities are also well represented in the call data, suggesting a particular success in being able simultaneously to target heterosexual men as well as GBT+ men.

Overall, the majority (75%) of webchat callers are first time callers and the feedback received is excellent with 87% reporting that they would use the service again, 78% reporting that they feel better or much better after the call and 87% saying they would recommend the service to others.

Staff Development Training:

SurvivorsUK organises training for both professionals and others working with survivors which has included Trans awareness: current training opportunities are posted on the website.

### Our Strategic plan

With the arrival of a new CEO and the completion by and large of the previous strategic plan, the organisation has revisited during the year its strategic planning process and agreed a new three year strategic plan which will be reviewed on a rolling annual basis.

The main elements of the strategic plan for the coming three years are:

- Provide an holistic response comprising all services, most of which (including website) are available nationally.
- Raise awareness of SurvivorsUK among [1] potential clients (ie survivors) [2] general public for support.
- Ensure that the branding and services of SurvivorsUK are in line with the needs of current clients and meet their expectations so that SUK becomes the lead organisation in knowledge and provision for male survivors of sexual violence.
- Ensure financial sustainability for delivery of services in the future.



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Specifically, in the coming year, we aim to

- increase our telephone counselling and introduce online counselling so as to offer more services to survivors nationally.
- work in partnership with other agencies to improve our reach and awareness, especially among hard-to-reach groups such as GBT, BME and young people.
- reintroduce group work and develop our ISVA service in co-operation with other agencies.
- publish self-help guides on our website, introduce a blog and quarterly newsletter and improve the quality of information.

### Risk Management

Trustees are familiar with the major risks to which the charity is exposed. A risk register has been compiled and is updated annually. Significant external risks to funding have been identified and led to the development of a fundraising strategy which aims to diversify the income of the charity and ameliorate the risk inherent in over-dependence on single large funders. Procedures are in place to ensure compliance with health and safety regulations and the organisation works to BACP Ethics and Guidelines.

### Financial Review

The work of SurvivorsUK is funded principally by statutory and trust/foundation grants. We were pleased that the Ministry of Justice continued its funding of our website and ISVA service during the year.

Other funders during the year for whose contribution we are most grateful include:

- Trust for London
- Ministry of Justice Male Rape Fund
- Ministry of Justice Website
- Henry Smith Charity
- City Bridge Trust
- Catalyst

In terms of funding for our face to face counselling service, it was a very challenging year. This service had benefitted historically from a major five year grant from The Big Lottery Fund which came to an end during the year. Inevitably, uncertainties over funding and the possibility that the counselling service might even have to close were a source of anxiety for clients and counsellors alike. While the organisation identifies replacement funding the trustees decided to use, on a carefully monitored basis, the unrestricted reserves of the charity. Throughout this period, the reserves remained well above the minimum level set by the charity's reserves policy. This situation, which had stabilised by the final quarter of the year, was the primary reason why unrestricted reserves have fallen during the year. The trustees are anticipating that the organisation should be able to rebuild reserves to some extent during the 2016/17 year.

### Results for the year

A review of the charity's activities during the period covered by these accounts and trustees report is contained in the Annual Report, which is available from the registered office.

The Statement of Financial Activities shows net outgoing resources for the year of £64,758 and reserves of £101,779.

### Tangible fixed assets for use by the charity.

Fixed assets are set out in Note 11 to the accounts.

### Reserves Policy

The trustees have considered Charity Commission guidance on reserves and consider that in 2016 a policy of holding £60,000 as a general reserve is appropriate for the charity.

The charity is heavily reliant on grant funding for its operating income and is therefore exposed to the risk that the funders will not renew their support or that new funders cannot be found to replace those that cease their funding. The Trustees seek to retain sufficient general funds in reserve to support the charity in the short term to cover expenditures while new funders are sought (a process that typically can take up to 3 months).

At the end of the year we had £90,898 in general reserves held, reflecting higher than anticipated unrestricted reserves generated from Charitable Activities as certain counselling clients make contributions towards counselling costs to help ensure the service's continued viability. Trustees expect to expend a significant portion of these reserves while new sources of restricted funding to support counselling services are sought.

# Survivors (UK)

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## Trustees' Report, incorporating the Directors' Report for the year ended 31 March 2016

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### Independent Auditors

The statutory auditor, Anthony Armstrong FCA of Armstrong & Co, has indicated his willingness to be proposed for re-appointment in accordance with Section 485 of the Companies Act 2006.

Although not required, the trustees have determined that the charitable company be audited under the Companies Act 2006 for the year ended 31st March 2016 and for future years. The charitable company is not required to be audited under charities legislation for the year ended 31st March 2016.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

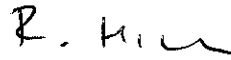
The trustees acknowledge and confirm their responsibilities for preparing the financial statements and providing appropriate information to the auditors as detailed in the Statement of Trustees' Responsibilities set out on page 11.

Approved by the trustees on

2016, and signed on their behalf by:



signature



name

Trustee

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# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Statement of Trustees' Responsibilities for the year ended 31 March 2016

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### Statement of trustees' responsibilities

The trustees (who are the directors of the charity for the purpose of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) Select suitable accounting policies and apply them consistently;
- b) Observe the methods and principles in the Charities SORP;
- c) Make judgements and estimates that are reasonable and prudent;
- d) Follow applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts;
- e) Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and charity legislation. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Statement as to disclosure of information to auditors

So far as the trustees are aware, there is no relevant audit information of which the charitable company's auditor is unaware, and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Independent Auditors' Report to the Members of Survivors (UK)

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We have audited the financial statements of Survivors (UK) for the year ended 31 March 2016 set out on pages 13 to 20. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) as modified by the Financial Reporting Standard for Smaller Entities (effective January 2015).

This report is made solely to the company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

### Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees' Responsibilities set out on page 11 the charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed auditor under the Companies Act 2006 and report in accordance with that Act. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB) Ethical Standards for Auditors, including APB Ethical Standard Provisions Available for Small Entities, in the circumstances set out in note 3 to the financial statements.

### Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances, and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' Annual Report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

### Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2016 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the Companies Act 2006.

### Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the directors report.

**Anthony Armstrong FCA (Senior Statutory Auditor)**  
Armstrong & Co  
Chartered Accountants & Statutory Auditors  
11 October 2016

4a Printing House Yard  
Hackney Road  
London E2 7PR

# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Statement of Financial Activities

*incorporating the income and expenditure account*  
for the year ended 31 March 2016

		2016		2015
		Unrestricted Funds	Restricted Funds	Total Funds
Notes	£	£	£	£
<b>Income from:</b>				
Donations and legacies	4	16,604	-	16,604
Investments	5	280	-	280
Charitable activities	6	51,541	305,289	356,830
<b>Total income</b>		<b>68,425</b>	<b>305,289</b>	<b>373,714</b>
<b>Expenditure on:</b>				
Raising funds	7	897	69,058	69,955
Charitable activities	8	65,647	302,870	368,517
<b>Total expenditure</b>		<b>66,544</b>	<b>371,928</b>	<b>438,472</b>
<b>Net income/(expenditure) for the year</b>		<b>1,881</b>	<b>(66,639)</b>	<b>(64,758)</b>
<b>Transfers between funds</b>				
General to restricted	16	(16,303)	16,303	-
<b>Net movement in funds</b>		<b>(14,422)</b>	<b>(50,336)</b>	<b>60,761</b>
<b>Reconciliation of funds:</b>				
Total funds brought forward		105,785	60,752	166,537
<b>Total funds carried forward</b>		<b>91,363</b>	<b>10,416</b>	<b>101,779</b>

The statement of financial activities incorporates an income and expenditure account.

The accompanying accounting policies and notes form an integral part of these financial statements.

# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)


## Balance Sheet as at 31 March 2016

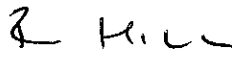
	Notes	31 March 2016		31 March 2015	
		£	£	£	£
<b>Fixed assets</b>					
Tangible fixed assets	11		465		11,651
<b>Current assets</b>					
Debtors	12	17,196		57,061	
Cash at bank and In hand	13	<u>109,504</u>		<u>221,408</u>	
		126,700		278,469	
<b>Creditors: amounts falling due within one year</b>	14	<u>25,386</u>		<u>123,583</u>	
<b>Net current assets</b>			101,314		154,886
<b>Net assets</b>			<u>101,779</u>		<u>166,537</u>
<b>The funds of the charity</b>					
General funds		90,898		94,134	
Designated funds	15	<u>465</u>		<u>11,651</u>	
Total unrestricted funds			91,363		105,785
Restricted funds	16		10,416		60,752
<b>Total charity funds</b>	17		<u>101,779</u>		<u>166,537</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

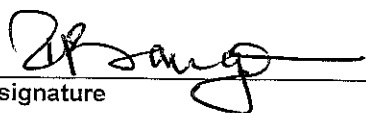
Approved by the trustees on

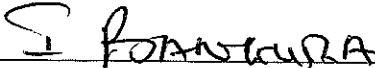
2016, and signed on their behalf by:

  
signature

  
name

Trustee

  
signature

  
name

Trustee

The notes on pages 15 to 20 form part of these accounts.

# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Accounting Policies

for the year ended 31 March 2016

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### 1 Accounting policies

#### Accounting Convention

The financial statements have been prepared under the historical cost convention and in accordance with:

- a) the FRSSE 2015 - Financial Reporting Standard for Smaller Entities (effective January 2015);
- b) the Charities SORP (FRSSE) - Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRSSE 2015.
- c) the Companies Act 2006.

#### Public benefit entity

The charitable company meets the definition of a public benefit entity.

#### Going concern

The charity's income is derived from both non self-generated sources, such as grants, service level agreements and other governmental or NGO sources and self-generated sources, such as counselling fees etc. The trustees consider that there are no material uncertainties about the likelihood that this support will continue, and accordingly, the accounts have been prepared on a going concern basis.

#### Deferred income

Income received which is contractually or otherwise not expendable until a future period is deferred to the period in which it meets the criteria for income recognition.

#### Income recognition

Income is recognised when the company has a contractual or other right to its receipt, it is probable that the income will be received and that the amount can be measured reliably. Income with conditions attached to its receipt is recognised when those conditions have been fulfilled.

#### Restricted Funds

Restricted funds are to be used for specified purposes as laid down by the funder. Direct and support expenditure which meets these criteria are identified to the fund together with a fair allocation of other costs.

#### Unrestricted Funds

Unrestricted funds are funds received which have no restrictions placed on their use and are available as general funds.

#### Designated Funds

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

#### Allocation of costs

Costs are allocated directly to projects where they can be identified as relating solely to that project. Other costs are allocated between the funds based on staff time spent on the fund activities or other appropriate criteria.

#### Tangible Fixed Assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Premises improvements	- 33% on cost
Computer equipment	- 33% on cost
Furniture, fixtures & equipment	- 25% on cost

Items of equipment are only capitalised where the purchase price exceeds £500.

#### Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

#### Pensions

The charity operates defined contribution schemes which are administered by outside independent pensions providers. Contributions payable for the year are charged to the Statement of Financial Activities.

### 2 Incoming resources

The incoming resources and surplus are attributable to the principal activities of the charity.

# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Notes to the Accounts

for the year ended 31 March 2016

<b>3 Net outgoing resources</b>		<b>2016</b>	<b>2015</b>
<i>Net outgoing resources are stated after charging:</i>		£	£
Auditors fees - Armstrong & Co		3,054	3,000
Depreciation - owned assets		6,848	6,829
		<u>6,848</u>	<u>6,829</u>

### Trustees' emoluments

Emoluments include salaries, fees, bonuses, expense allowances and estimated non-cash benefits receivable. All trustees serve in a voluntary capacity and do not receive payment for their services.

### APB Ethical Standard - Provisions available for small entities

In common with many other charities of our size and nature we use our auditors to assist with the preparation of the financial statements and to provide advice relating to statutory and regulatory compliance.

<b>4 Donations and legacies</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>2016</b>	<b>2015</b>
	£	£	<b>Total</b>	<b>Total</b>
	£	£	£	£
Gifts and donations	16,604	-	16,604	6,555
	<u>16,604</u>	<u>-</u>	<u>16,604</u>	<u>6,555</u>

<b>5 Investments</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>2016</b>	<b>2015</b>
	£	£	<b>Total</b>	<b>Total</b>
	£	£	£	£
Bank interest receivable	280	-	280	164
	<u>280</u>	<u>-</u>	<u>280</u>	<u>164</u>

<b>6 Charitable activities</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>2016</b>	<b>2015</b>
	£	£	<b>Total</b>	<b>Total</b>
	£	£	£	£
Big Lottery Fund	-	-	-	106,963
Home Office (Victims Fund)	-	-	-	32,666
Lloyds TSB Foundation	-	-	-	16,050
Trust for London	-	16,500	16,500	33,250
Awards for All	-	-	-	9,980
MOPAC	-	-	-	32,666
MOJ Male Rape	-	47,119	47,119	10,000
MOJ Website	-	194,070	194,070	198,525
Henry Smith Charity	-	15,100	15,100	37,100
City Bridge	-	30,000	30,000	-
Catalyst	-	2,500	2,500	-
Counselling fees	19,263	-	19,263	34,466
Training and consultancy	938	-	938	1,938
Room hire	615	-	615	328
NOLT	180	-	180	235
Conference and other income	30,545	-	30,545	490
	<u>51,541</u>	<u>305,289</u>	<u>356,830</u>	<u>514,657</u>

<b>7 Raising funds</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>2016</b>	<b>2015</b>
	£	£	<b>Total</b>	<b>Total</b>
	£	£	£	£
Consultancy	45	-	45	6,016
Fundraising costs	198	18	216	576
Promotion & publicity	654	69,040	69,694	13,260
	<u>897</u>	<u>69,058</u>	<u>69,955</u>	<u>19,852</u>



# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Notes to the Accounts

for the year ended 31 March 2016

8 Charitable activities	Unrestricted	Restricted	2016	2015
	£	£	Total	Total
Staff salaries	20,019	173,072	193,091	106,130
Other staff costs	3,533	13,720	17,253	16,020
Counsellors fees	10,804	21,820	32,624	50,990
Assessment Fee	1,378	5,452	6,830	10,748
Senior Helpliners fee	-	42,257	42,257	13,248
External training	1,243	58	1,301	2,647
Group therapy	-	-	-	3,433
CPD	-	-	-	499
Membership	-	510	510	438
Office costs	15,858	10,183	26,041	21,094
Website	-	9,378	9,378	180,087
Premises costs	5,232	23,362	28,594	25,682
Governance costs (see note 9)	7,580	3,058	10,638	9,747
	<u>65,647</u>	<u>302,870</u>	<u>368,517</u>	<u>440,763</u>

9 Governance costs	Unrestricted	Restricted	2016	2015
	£	£	Total	Total
Legal & professional	4,526	3,058	7,584	6,586
AGM costs	-	-	-	161
Audit fees	3,054	-	3,054	3,000
	<u>7,580</u>	<u>3,058</u>	<u>10,638</u>	<u>9,747</u>

10 Staff costs			2016	2015
			£	£
Staff salaries			175,873	97,462
Staff social security			12,534	8,668
Staff pensions			4,685	-
			<u>193,091</u>	<u>106,130</u>

Average number of employees during the year was:

6                      3

No remuneration was paid to any Trustee or their associates for services as a trustee during the year ended 31 March 2016 nor to 31 March 2015.

Employees paid in excess of £60,000 during the current year and previous year:

None                      None

# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Notes to the Accounts for the year ended 31 March 2016

11 Tangible fixed assets	Premises improvements £	Computer equipment £	Furniture, fixtures & equipment £	Total £
<b>Cost</b>				
As at 1 April 2015	18,387	17,398	12,295	48,080
Disposals	(18,387)	-	-	(18,387)
As at 31 March 2016	<u>-</u>	<u>17,398</u>	<u>12,295</u>	<u>29,693</u>
<b>Depreciation</b>				
As at 1 April 2015	7,904	16,230	12,295	36,429
Charge for the year	6,145	703	-	6,848
Disposals	(14,049)	-	-	(14,049)
As at 31 March 2016	<u>-</u>	<u>16,933</u>	<u>12,295</u>	<u>29,228</u>
<b>Net book value</b>				
As at 31 March 2016	<u>-</u>	<u>465</u>	<u>-</u>	<u>465</u>
As at 31 March 2015	<u>10,483</u>	<u>1,168</u>	<u>-</u>	<u>11,651</u>
<b>12 Debtors: amounts falling due within one year</b>			<b>2016</b>	<b>2015</b>
			£	£
Accounts receivable			-	32,666
Premises deposit			3,149	3,149
Prepayments			14,047	5,196
Accrued income			-	16,050
			<u>17,196</u>	<u>57,061</u>
<b>13 Bank and cash in hand</b>			<b>2016</b>	<b>2015</b>
			£	£
Unity account			109,351	221,365
Petty cash			153	43
			<u>109,504</u>	<u>221,408</u>
<b>14 Creditors: amounts falling due within one year</b>			<b>2016</b>	<b>2015</b>
			£	£
Accounts payable			18,786	116,759
Credit card			(103)	739
Payroll taxes			-	2,036
Pensions liability			1,202	-
Accruals			3,001	4,049
Deferred income			2,500	-
			<u>25,386</u>	<u>123,583</u>
<b>15 Designated funds</b>	<b>Opening balance £</b>	<b>Resources arising £</b>	<b>Resources utilised £</b>	<b>Closing balance £</b>
Fixed asset fund	11,651	-	11,186	465
	<u>11,651</u>	<u>-</u>	<u>11,186</u>	<u>465</u>

### Fixed asset fund

This fund represents the amount of charity funds locked up in freehold land and buildings and other fixed assets which are needed for operational purposes. The funds are carried at the net book value of the fixed assets at the balance sheet date, after deducting any outstanding loans, endowment funds or restricted funds used to finance their acquisition.

# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Notes to the Accounts

for the year ended 31 March 2016

16 Restricted funds	Opening balance	Incoming resources	Resources expended	Transfers & adjustments	Closing balance
	£	£	£	£	£
Big Lottery Fund	13,558	-	13,558	-	-
Catalyst	-	2,500	2,500	-	-
City Bridge	-	30,000	30,000	-	-
Henry Smith Charity	23,628	15,100	38,728	-	-
Lloyds TSB Foundation	9,839	-	25,889	16,050	-
Ministry of Justice - Male Rape	-	47,119	47,119	-	-
Ministry of Justice - Website	-	194,070	194,323	253	-
Trust for London	3,312	16,500	19,812	-	-
Tudor Trust	5,152	-	-	-	5,152
Ministry of Justice Victim and Witness Fund	5,248	-	-	-	5,248
Zurich Community Trust	20	-	-	-	20
	<u>60,752</u>	<u>305,289</u>	<u>371,928</u>	<u>16,303</u>	<u>10,416</u>

### Restricted funds (continued)

Projects financed by restricted funds are supported by unrestricted funding where necessary. This occurs where the funding is in arrears or the incidence of expenditure on the project occurs disproportionately at the beginning of the project compared to the income flows. Where restricted projects end the year with a deficit, this is met by after year-end restricted income or transfers from unrestricted funds.

<b>Big Lottery Fund</b>	This is a 5 year grant ending 30/04/2015 supporting the clinical services of the organisation including salary of the Clinical Services Manager.
<b>Catalyst</b>	This is a 1 year grant to meet the costs of clinical services including one-to-one counselling and group therapy.
<b>City Bridge</b>	This is a 3 year grant towards full-time salary of the Director of Clinical Services, therapeutic programme and other costs to support adult male survivors of sexual abuse (Londoners only).
<b>Henry Smith Charity</b>	This is a 3 year grant supporting the delivery of digital support services and the launch of a telephone counselling pilot project.
<b>Lloyds TSB Foundation</b>	This is a 2 year grant supporting the costs of the full time administrator.
<b>Ministry of Justice - Male Rape</b>	This is a 2 year grant to recruit and appoint the first male client specific Independent Sexual Violence Advisor in London.
<b>Ministry of Justice - Website</b>	This is a 2 year grant to develop and run the National Male Survivor website and information project including the delivery of national emotional support services using digital delivery methods.
<b>Trust for London</b>	Trust for London have granted a 3 year amount supporting part of the salary of the Business Development Director and costs of campaigning and awareness raising work.
<b>Tudor Trust</b>	Fund to support the salary of the Business Development Manager.
<b>Ministry of Justice Victim and Witness Fund</b>	This is a 3 year grant (ended 31/03/2014) supporting the clinical work of the organisation.
<b>Zurich Community Trust</b>	This was a single one off grant to pay for a consultation around our helpline services.

17 Net assets attributable to funds	General funds	Designated funds	Restricted funds	Endowment funds	Total
	£	£	£	£	£
Tangible fixed assets	-	465	-	-	465
Current assets	116,283	-	10,416	-	126,699
Current liabilities	(25,385)	-	-	-	(25,385)
Net assets represented by funds	<u>90,898</u>	<u>465</u>	<u>10,416</u>	<u>-</u>	<u>101,779</u>

# Survivors (UK)

(A Charity Company Limited by Guarantee, company number 3792760)

## Notes to the Accounts for the year ended 31 March 2016

### 18 Taxation

The company is a registered charity and as such its income and gains from charitable activities are not liable to taxation.

### 19 Post balance sheet events

There were no significant post balance sheet events.

### 20 Pension commitments

The charity contributes to employees defined contribution stakeholder pension schemes. The assets of the schemes are held separately from those of the charity in an independently administered fund.

The unpaid contributions outstanding at the year end were:

	2016	2015
	£ 1,202	£ -

### 21 Other financial commitments

#### Operating lease commitments due within 12 months

At 31 March 2016, the company had annual commitments for land and buildings under a non-cancellable operating lease as detailed below:

	2016	2015
	£	£
Between two and five years	15,116	15,116
	<u>15,116</u>	<u>15,116</u>

### 22 Transactions with trustees

There were no material transactions with the trustees during the year.

### 23 Contingent liabilities

The charity had no material contingent liabilities at 31 March 2016 nor at 31 March 2015.

### 24 Related parties

There were no disclosable related party transactions during the year.

### 25 Gifts in kind and volunteers

During the year the charity benefited from unpaid work performed by volunteers.

### 26 Major funders

#### *Funder*

Trust for London	£ 16,500
MOJ Male Rape	£ 47,119
MOJ Website	£ 194,070
Henry Smith Charity	£ 15,100
City Bridge	£ 30,000
Catalyst	£ 2,500

Big Lottery Fund (also known as BIG) is a non-departmental public body responsible for distributing funds raised by the National Lottery for "good causes". It is sponsored by the Cabinet Office. Survivors(UK) receives money in the form of a five year restricted fund grant from BIG supporting the clinical services of the organisation including salary of the Clinical Services Manager.

### 27 Company status

The company is limited by guarantee and has no share capital. The guarantors liability in the event the company is wound up is restricted to a maximum of £1 each.