WHAT IS MALE SEXUAL ABUSE?

We define male sexual abuse as any unwanted or non-consensual act performed against a man or boy at any time in his life.

WHAT DO WE MEAN BY MALE?

SurvivorsUK was established as a service for male survivors, to cater for people not provided for by other services. We are an inclusive service and welcome anyone who identifies as male, trans, non-binary, has identified as male in the past, or anyone who feels that we are the right fit for them.

#WE SEE YOU

WE ARE SURVIVORSUK AND WE

support the victims of male sexual abuse, **challenge** myths and preconceptions around it, and **build** communities of support.

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SURVIVORSUK

male rape and sexual abuse

A GUIDE TO OUR SERVICES

WAYS WE CAN HELP

TALK TO US

You can talk to us on our website or by email, text or whatsapp. Our team of professionals provide information and emotional support in a safe, confidential and non-judgemental space. If you are unable to contact us using one of these methods, do please feel free to call our office number 020 3598 3898 or send a letter to SurvivorsUK, 11 Sovereign Close, London E1W 3HW

We support any male survivor of sexual abuse, assault or rape as well as their friends, family members and the professionals supporting them.

WHAT ARE THE OPENING HOURS?

We are open Monday - Friday 10.30am - 9.00pm Saturday & Sunday 10.00am - 6.00pm This is a free service.

"Thanks to SurvivorsUK I feel taller, more capable, able of living fully, free of many burdens, pain and I am more empowered."
Dan

Log on – survivorsuk.org
Text us – 020 3322 1860
Whatsapp - 074 9181 6064
Email – help@survivorsuk.org

COUNSELLING AND GROUPWORK

WHAT IS COUNSELLING?

We offer one-to-one sessions with a trained counsellor where you can talk about your experiences and your feelings. Our counsellors don't judge or advise but offer a supportive, safe and confidential environment to talk and be heard.

HOW LONG WILL IT LAST?

We offer everyone up to 12 sessions of counselling. If you would like further support there is the possibility of extension, according to need. We have a sliding scale of fees and charge you according to your income.

HOW DOES IT WORK?

Contact us to sign up for counselling, or you can fill in a form on our website. We will then arrange an initial chat to discuss how we can best support you. Counselling can be delivered online, face to face, or by telephone by our experienced team of men and women.

WHAT ABOUT GROUPWORK?

We also operate groups for men who have experienced abuse. Please contact us to sign up or fill in our online referral form.

Phone - 020 3598 3898
Email – info@survivorsuk.org
Website - survivorsuk.org/gethelp

INDEPENDENT SEXUAL VIOLENCE ADVISOR (ISVA)

WHAT IS AN ISVA?

Our Independent Sexual Violence Advisors (ISVAs) support men who are thinking about reporting or have reported to the police. Our ISVA service is open to men and boys over the age of 13 and supports those living in London or where the offence happened in London.

WHAT SUPPORT CAN I GET?

Our ISVAs can:

- Provide you with information on the criminal justice process and what you can expect if you report to the police. They can also attend interviews and court with you if you wish.
- Listen to you and offer emotional support.
- Give you information on other support services.
- Help you think about your safety.

HOW DOES IT WORK?

Our ISVA service accepts self referrals and referrals from third parties. This is a free service.

Phone - 020 3598 3898
email - isva@survivorsuk.org
website - survivorsuk.org/isva