

SURVIVORSUK
male rape and sexual abuse

(a company limited by guarantee)

**ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2013**

**SURVIVORS UK
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2013**

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**SURVIVORS UK
TRUSTEES' REPORT - STATUTORY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2013**

TRUSTEES

Dr Nina Burrowes
Mr Clive Liggett
Mr Mathieu Veillette
Mr James Watson
Ms Charlotte Zamboni

REGISTERED OFFICE

34 Great James Street
London
WC1 3HB

COMPANY NUMBER

03792760 (England and Wales)

CHARITY NUMBER

1077484

BANKERS

Unity Trust Bank
Nine Brindleyplace
Birmingham B1 2HB

AUDITORS

Alison Ward Accountants
Chartered Certified Accountants and Statutory Auditors
Bank Chambers
188 Queens Road
Buckhurst Hill
Essex IG9 5BD

**SURVIVORS UK
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2013**

The trustees (who are also the directors) present their report and the audited financial statements of the charitable company for the year ended 31 March 2013. The statutory information is shown on Page 1.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The company, number 03792760, is a charitable company limited by guarantee, incorporated on the 21st June 1999 and registered as a charity on 20th September 1999. The charity registration number is 1077484. It has a Memorandum and Articles of Association as its governing document.

VISION, MISSION AND OBJECTIVES

Vision

Anyone affected by male sexual violation is appropriately supported.

Mission and Values

SurvivorsUK helps men who have been sexually violated and raises awareness of their needs
Note: Sexual violation includes both childhood sexual abuse and adult sexual assault/rape.

SurvivorsUK:

- o challenges perceptions - those of survivors, those of the public and those of decision makers;
- o helps men who have been sexually violated at any point in their lives and also provides support for their families;
- o values being transparent in its every day operation and communication;
- o believes in nurturing, supporting and motivating our colleagues and clients to develop and grow;
- o is non-judgemental - we believe and accept people's experiences and the impacts of those experiences

**SURVIVORS UK
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

OBJECTIVES

SurvivorsUK is in the second year of a 5 year strategic plan with goals that include:

- o Increasing counselling and therapy offering by 100% + over 5 years
- o Utilising technology to provide innovative and far reaching avenues of support for men who have experienced sexual violation
- o Augmenting the emotional support services of the organisation to serve increasing numbers of affected men, their families, friends and carers
- o Developing and delivering specialized training to increasing numbers and cohorts of professionals likely to deal with sexually violated men
- o Campaigning and lobbying activities to increase recognition of male sexual assault victims at national and local government levels
- o Advertising and promotion to raise the profile of the issue and organisation at Pan-London and national level, thereby reducing the stigma attached to male sexual violation and encouraging more affected men to come forward for help
- o Research to increase the evidence base around male sexual violation and to encourage better inclusion of facts and statistics specific to male victims in all consideration of sexual violence as a whole

Primary activities

SurvivorsUK provides counselling, support, advice and information to men who have suffered sexual assault as well as training and consultancy to agencies/individuals who come into contact with these men. The organisation also campaigns for recognition of and raises awareness of the prevalence and effects of sexual violation of men and boys

Public benefit

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing their aims and objectives and in planning future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives of the charity.

SERVICES

Counselling Service

Our low cost counselling service continues to be our primary service, for adult men over 18 who have experienced sexual violation at any time in their lives.

We have a team of 11 counsellors (male and female) providing individual counselling and group therapy.

**SURVIVORS UK
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

The counselling team are fully trained psychotherapists and counsellors from a variety of training backgrounds including; psychodynamic, integrative, TA, existential and person centered.

During this year, we were proud to achieve:

- o 141 self-referrals for counselling (individual and group total) all offered assessment with 74% attending.
- o At the start of the financial year we had space to see 30 clients (at any time) for individual counselling. By end of year we had significantly increased capacity to 49 clients.
- o We provided 1554 hours of individual counselling (excluding assessments) in comparison to 936 in 2011/12.
- o During this year we increased the maximum offer of individual counselling from 1 to 2 years.
- o Low cost fees continued unchanged since October 2008.
- o Demand for group therapy continued to be lower therefore only one 12 week group was delivered.
- o Low waiting times in comparison to national average in CORE of only 17 days average from referral to initial consultation. (This is a slight increase from 12 days for the last 3 years).

We continue to use CORE from the entry into the organisation and clients complete an OM2 every three months during their counselling. CORE is useful to look at a range of clinical issues alongside reviewing the quality of therapists work (as reported by clients), the number of planned/unplanned endings, the cost effectiveness of the service (as indicated by number attended/not attended sessions) and clinical improvement. However due to the relatively small number of closed cases per year, we tend to only view and compare some this data on a bi-annual basis with national benchmarks.

Over this year for the forty closed cases on CORE we have the following information about client functioning.

45% improvement in day to day functioning
59% improved access to practical help
55% improved in subjective well being

All domains - (functioning, problems, risk, well-being)
Pre average score: 1.94
Post average score: 1.54
Cut off 1.19

These high scores are indications of the high level of severity/ complex cases we see. Although the average post score is still higher than the cut off there is a significant drop from start overall. Overall average of closed cases well below cut off levels.

Service user feedback on the counselling service:

This year we introduced a new client satisfaction and feedback form, alongside the opportunity for ex-service users to agree to on-going contact with us regarding research, media and organisational development.

**SURVIVORS UK
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

75% clients agreed or strongly agreed that they found it straightforward to self-refer for counselling

87.5% clients felt their difficulties were understood by their counsellor/group therapist

100% clients would recommend the counselling service to others

87.5% rate the counselling service as excellent

75% have improved understanding about the impact of the sexual violation they experienced

Emotional support services

Helpline Service

The helpline our longest standing service of twenty-six years has often been the first point of contact for many of our clients. This national service is open to male survivors, their partners, carers and friends and can be both a vital resource for emotional support, but also a service to signpost to other services across the UK.

During this period the helpline continued to be staffed with trained volunteers, each undertaking two shifts per month in addition to supervision. There has been a downward trend in received helpline calls over the last five years, although we saw an increase this year to 1715 calls received and 421 calls answered during helpline hours. Additionally there has been a concurrent increase in e-mail contact and direct calls to office often for signposting and information about our services.

Supportive workshops for friends and family

In February 2013 we launched this new initiative.

We recognise that male sexual violation impacts not only men who have experienced this trauma, but also on those close to them. It is our aim in these one day workshops to provide both information, through a psycho-educational focus and emotional support in order to allow time for supporters (friends, family and partners) to have an opportunity to think about the impact of their close one's sexual violation on them.

In this year we delivered one supportive workshop and depending on demand intend to deliver this minimum three times per year.

Training and Research

Internal training:

We continue to offer up to 4 internal training days per year to counsellors and helpliners and the topics over this period were:

Introduction to Dissociative Identity disorder - facilitated by Valerie Sinason

Working with the couple in mind - facilitated by Annie Power

Working with Difference (2 days) - Alan Corbett

External training programme

In September 2012 we put on our first conference entitled "Male sexual violation through the life cycle - a one day conference exploring the psychological impacts of sexual violence against men and boys".

**SURVIVORS UK
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

This was attended by 56 professionals from a variety of backgrounds. Speakers and workshop facilitators included: Zoe Lodrick, Dr Tom McManus, Dr Simon Mullins, Lucy Smith, Richard Unwin and Sarah Van Gogh.

We have continued to provide two structured 2 day trainings, an introductory 2 day training and a therapeutic 2 day. In this period we delivered 2 introductory and 2 advanced trainings to 19 professionals.

In addition to this structured programme SurvivorsUK continues to provide informal trainings and consultations to individuals and teams of minimum one hour each, typically at our base in Holborn.

Research

This last year has been important because we wrote our research strategy and plans for the next five years. Dr Nina Burrowes and Tessa Horvath undertook some pro-bono work and wrote "The rape and sexual assault of men - a review" outlining all the literature on male rape and sexual assault published between 1990 and 2012.

FUNDING PROFILE

In the 12 month from 01/04/12 - 31/03/13 the organisation was primarily funded through a combination of statutory and trust contributions. Additional funds come from client fees, donations and community fundraising activities.

Statutory funding comes from The Victims Fund. Trust funding comes from The Big Lottery, The Rayne Foundation, Awards for All. We are currently in 2nd stage of application with Lloyds TSB and Trust for London.

The organisation came to the end of a 4 year funding relationship with Tudor Trust with a 2 year window before re-application will be entertained. This was the primary funding for the Business Development Manager post which is the subject of application to Trust for London.

Both website and referral traffic have sustained at roughly 100% higher than the year before and we hope to augment this with further advertising and promotional work.

FINANCIAL REVIEW

Reserves policy

The Board of trustees operates a policy whereby unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of resources expended. The current level is set at £49,000.

**SURVIVORS UK
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

TRUSTEES

The trustees who served during the year are shown below:

Mr James Watson (Chair)
Mrs Natalie Jewell (resigned July 2013)
Mr Mathieu Veillette
Dr Nina Burrowes
Ms Charlotte Zamboni
Ms Elizabeth Hulme (resigned September 2012)
Mr Clive Liggett (appointed September 2012)

TRUSTEES' RESPONSIBILITIES

Company and charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to:-

- 1) select suitable accounting policies and then apply them consistently.
- 2) make judgements and estimates that are reasonable and prudent.
- 3) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the directors are aware at the time the report is approved:

- o there is no relevant audit information of which the company's auditors are unaware, and
- o the directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Alison Ward Accountants, offer themselves for reappointment in accordance with section 485 of the Companies Act 2006.

**SURVIVORS UK
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

SMALL COMPANY EXEMPTIONS

This report has been prepared and delivered in accordance with the provisions in Part 15 of Companies Act 2006 applicable to companies subject to the small companies' regime.

This report was approved by the board on 28 August 2013 and signed on their behalf.



Trustee

JAMES WATSON

**INDEPENDENT AUDITORS' REPORT
TO THE MEMBERS OF SURVIVORS UK
FOR THE YEAR ENDED 31 MARCH 2013**

We have audited the financial statements of Survivors UK for the year ended 31 March 2013 which comprise the Statement of Financial Activities which is also the Income and Expenditure Account, the Balance Sheet and the related notes. The financial reporting framework that has been applied to their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Respective responsibilities of trustees and auditors

As explained more fully in the Trustees' Responsibilities Statement set out on page , the trustees (who are also directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

A description of the scope of an audit of financial statements is provided on the website at www.frc.org.uk/apb/scope/private.cfm

Opinion on the financial statements

In our opinion the financial statements:

- Give a true and fair view of the state of the charitable company's affairs at 31 March 2013 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- Have been properly prepared in accordance with the United Kingdom Generally Accepted Accounting Practice; and
- Have been prepared in accordance with the requirements of Companies Act 2006.

**INDEPENDENT AUDITORS' REPORT (CONTINUED)
TO THE MEMBERS OF SURVIVORS UK
FOR THE YEAR ENDED 31 MARCH 2013**

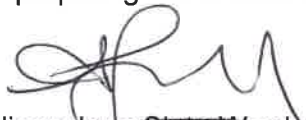
Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements

Matter on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- Adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- The financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- The trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the director's report.



Alison Jane Slate Ward, Senior Statutory Auditor

for and on behalf of Alison Ward Accountants, Statutory Auditors
Bank Chambers
188 Queens Road
Buckhurst Hill
Essex IG9 5BD

30 December 2013

SURVIVORS UK
STATEMENT OF FINANCIAL ACTIVITIES (including the Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2013

	Unrestricted	Restricted	Total	Total
	Note	Funds	Funds	2013
		£	£	2012
			£	£
Incoming Resources				
<i>Incoming resources from generated funds</i>				
Voluntary income	4	7,684	30,000	37,684
Activities for generating funds		-	-	-
Investment income		153	-	153
				106
<i>Incoming resources from charitable activities</i>				
	5	28,233	162,590	190,823
				178,786
Total Incoming Resources		36,070	192,590	228,660
				281,619
Resources Expended				
<i>Charitable activities</i>	6	3,250	199,056	202,306
<i>Governance costs</i>	7	14	1,840	1,854
				1,552
Total Resources Expended		3,264	200,896	204,160
				238,530
Net income		32,806	(8,306)	24,500
				43,089
Reconciliation of Funds				
Total funds brought forward at 1 April 2012		47,536	32,002	79,538
				36,449
Total funds carried forward at 31 March 2013		£ 80,342	£ 23,696	£ 104,038
				£ 79,538

The company made no recognised gains and losses other than those reported in the income and expenditure account.

The notes on pages 13 to 18 form part of these financial statements

SURVIVORS UK

Company registered number: 03792760

BALANCE SHEET AT 31 MARCH 2013

	Note	2013 £	£	2012 £
FIXED ASSETS	8		-	-
CURRENT ASSETS				
Debtors	9	6,197		4,902
Cash at bank and in hand		108,948		89,442
		<u>115,145</u>		<u>94,344</u>
CREDITORS: Amounts falling due within one year	10	(11,107)		(14,806)
		<u>104,038</u>		<u>79,538</u>
NET CURRENT ASSETS				
		£ 104,038		£ 79,538
RESERVES				
Unrestricted funds	11	80,342		47,536
Restricted funds	11	23,696		32,002
		<u>£ 104,038</u>		<u>£ 79,538</u>

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

The accounts were approved by the board of directors on 28 August 2013

Trustee

**MATHIEU VEILLETTE**

The notes on pages 13 to 18 form part of these financial statements

**SURVIVORS UK
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2013**

1. ACCOUNTING POLICIES

1a. Basis of accounting

The accounts have been prepared under the historical cost convention and comply with the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable accounting standards and Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are as follows:

1b. Tangible fixed assets

Fixed assets are shown at historical cost.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life by the straight line method.

	%
Computer and equipment	33
Fixtures, fittings and equipment	25

1c. Taxation

The charitable company is exempt from taxation under sections 466 to 493 of the Corporation Tax Act 2010.

1d. Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants are accounted for in the period specified for their use by donors.

Donations and bank interest are accounted for as received.

**SURVIVORS UK
 NOTES TO THE ACCOUNTS (CONTINUED)
 FOR THE YEAR ENDED 31 MARCH 2013**

1. ACCOUNTING POLICIES (CONTINUED)

1e. Resources expended

Resources expended are allocated to a particular activity where the cost relates directly to that activity. They include irrecoverable VAT.

Governance costs are the costs of complying with constitutional and statutory requirements and include the costs associated with the strategic management of the charity.

1f. Funds

The Restricted Funds are restricted income funds given to the charity for specific purposes. They are expendable by the trustees in furtherance of particular projects within the charity objects.

The Unrestricted Funds are funds expendable at the discretion of the trustees in furtherance of the objects of the charity.

2. OPERATING SURPLUS

	2013	2012
	£	£
Surplus is stated after charging:		
Auditors' remuneration		
Audit services	1,740	1,430
Depreciation and amortisation		
Staff costs (note 3)	98,676	95,963
	<u>98,676</u>	<u>95,963</u>

**SURVIVORS UK
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

3. EMPLOYMENT COSTS

Employee costs during the year amounted to:	2013	2012
	£	£
Wages and salaries	89,434	86,897
Social security costs	9,242	9,066
	<u>£ 98,676</u>	<u>£ 95,963</u>

The average monthly numbers of employees during the year was 2.5 (2012 - 2.5).
No employee received emoluments in excess of £60,000.

4. VOLUNTARY INCOME

	Unrestricted Funds £	Restricted Funds £	Total 2013 £	Total 2012 £
Tudor Trust	-	20,000	20,000	40,000
Male Victims Special Funds	-	10,000	10,000	10,000
Awards for All	-	-	-	10,000
Raynes Foundation	-	-	-	5,000
Gifts and donations	7,684	-	7,684	6,970
	<u>£ 7,684</u>	<u>£ 30,000</u>	<u>£ 37,684</u>	<u>£ 71,970</u>

**SURVIVORS UK
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2013 £	Total 2012 £
Big Lottery Fund	-	98,564	98,564	95,139
Home Office (Victims Fund)	-	64,026	64,026	62,825
Counselling fees	21,275	-	21,275	14,285
Conference and other income	1,365	-	1,365	-
Consultancy	3,793	-	3,793	4,813
Room hire	1,800	-	1,800	1,724
	<u>£ 28,233</u>	<u>£ 162,590</u>	<u>£ 190,823</u>	<u>£ 178,786</u>

6. CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2013 £	Total 2012 £
Staff and volunteer costs	1,417	102,298	103,715	101,458
Counsellors	-	49,105	49,105	46,842
Supervision and assessments	-	6,525	6,525	5,515
Office	52	7,469	7,521	14,227
Premises	-	22,827	22,827	26,802
Advertising and recruitment	-	2,629	2,629	32,950
Website development	-	1,157	1,157	1,037
Conference	-	2,714	2,714	-
Other costs	1,781	4,332	6,113	8,147
	<u>£ 3,250</u>	<u>£ 199,056</u>	<u>£ 202,306</u>	<u>£ 236,978</u>

**SURVIVORS UK
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

7. GOVERNANCE COSTS

	Unrestricted Funds £	Restricted Funds £	Total 2013 £	Total 2012 £
AGM costs	-	100	100	92
Companies House filing fee	14	-	14	-
Trustee expenses	-	-	-	30
Audit	-	1,740	1,740	1,430
	<u>£ 14</u>	<u>£ 1,840</u>	<u>£ 1,854</u>	<u>£ 1,552</u>

8. TANGIBLE FIXED ASSETS

	Fixtures & Equipment £	Total £
Cost		
At 1 April 2012	27,588	27,588
At 31 March 2013	<u>27,588</u>	<u>27,588</u>
Depreciation		
At 1 April 2012	27,588	27,588
At 31 March 2013	<u>27,588</u>	<u>27,588</u>
Net Book Amounts		
At 31 March 2013	<u>£ -</u>	<u>£ -</u>

9. DEBTORS

	2013 £	2012 £
Other debtors	5,336	3,167
Prepayments	861	1,735
	<u>£ 6,197</u>	<u>£ 4,902</u>

**SURVIVORS UK
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2013**

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2013	2012
	£	£
Trade creditors	6,640	10,636
Other creditors including taxation and social security	2,594	2,658
Accruals	1,873	1,512
	<u>£ 11,107</u>	<u>£ 14,806</u>

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted	Restricted	Total	Total
	Funds	Funds	2013	2012
	£	£	£	£
Fund Balances at 31 March 2013 are represented by				
Current assets	91,449	23,696	115,145	94,344
Current liabilities	(11,107)	-	(11,107)	(14,806)
Total Net Assets	<u>£ 80,342</u>	<u>£ 23,696</u>	<u>£ 104,038</u>	<u>£ 79,538</u>

12. TRUSTEES EXPENSES

The trustees neither received nor waived any emoluments during the year (2012 - £Nil)
Trustees were reimbursed for travelling expenses. These amounted to £ - (2012 - £74)

13. RELATED PARTIES

There are no related party transactions.