

## Annual report and financial statements

## Year ended 31 March 2017

Company no 03792760

Charity no 1077484

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## Legal and Administrative Information

Charity name	Survivors U.K.			
Other operating names	SurvivorsUK and Survivors (UK) Limited			
<b>Charity Registration No</b>	1077484 (England and Wales)	1077484 (England and Wales)		
<b>Company Registration No</b>	03792760			
Registered office	11 Sovereign Close London, E1W 3HW			
Trustees	Rob Hill (Chair) Ismael Bangura Daniel Carr Dr James Chisholm Joanna Jamel David McClenaghan Emily McFadden Clare Meraz Matt Tenant	resigned 26 <sup>th</sup> September 2017 appointed 30 <sup>th</sup> May 2017 resigned 18 <sup>th</sup> April 2017 resigned 24 <sup>th</sup> January 2017 appointed 18 <sup>th</sup> April 2017		
Chief Executive	Keith Best (resigned 11 <sup>th</sup> April 20 Andy Connolly (Interim CEO fron			
Senior Statutory Auditor	Anthony Armstrong FCA Armstrong & Co 4a Printing House Yard Hackney Road London, E2 7PR			
Accountants	Andy Nash Accounting & Consul Suite 7, Three Gables Corner Hall Hemel Hempstead Hertfordshire, HP3 9HN	tancy Ltd		
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham, B1 2HB			

## **Trustees' Annual Report**

The Trustees present their report with the financial statements for Survivors U.K. for the year ended 31 March 2017.

## **Aims and Objectives**

## **Purpose and Aims**

SurvivorsUK's objective, as stated in the memorandum of association, is to provide protection of health and relief of sickness and distress to men who have suffered sexual abuse or rape, and to promote any charitable purpose for the benefit of men, their carers and families.

SurvivorsUK was established in 1986 and incorporated as a registered charity in June 1999. Today, the charity is the only specialist service in London to help men deal with the impact of rape, sexual abuse or sexual assault, whether as children or adults. Nationally, we provide help and support through web-based information, telephone and online counselling and helpline services.

Our aim is to help any man who has been raped or sexually violated to have the confidence to speak about what has happened to them and to know that it's OK to seek help. When they do, we want to ensure they have access to the right support so they can deal with the devastating impact that rape, sexual assault and sexual abuse has on all aspects of life.

To fulfil our objectives, SurvivorsUK undertakes the following activities:

**Service provision**. SurvivorsUK provides a range of counselling, helpline, and therapeutic & emotional support services for men (and anyone who feels we are the most appropriate organisation for them), who have been raped, sexually assaulted or abused, whether in childhood or as adults.

**Engagement and awareness.** SurvivorsUK works to raise awareness of the extent of sexual violence against men and boys – to encourage men to seek the help and support they need, and to improve professional practice of those who work with men, such as the police, health and welfare professionals.

## **Delivering Public Benefit**

SurvivorsUK's objectives and activities fully reflect the purposes that the charity was set up to further. There is an inherent public benefit in raising public awareness of the extent of sexual violence against men and boys so that more men affected feel confident to talk about their experiences, seek help, and access appropriate support.

The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and activities, and when planning activities.

## Context

In 2015, we conducted internal research to find out from clients how long it took them to seek help. Our findings show that it takes, on average, 26 years for a man to tell someone what happened to him with just 3.9% reporting it to the police.

In 2016, SurvivorsUK participated in the report for the London Mayor's Office for Policing and Crime (MOPAC), Sexual Violence, the London Sexual Violence Needs Assessment 2016. The report drew on statistics from the Crime Survey for England and Wales (CSEW) which indicates that around 24,000 adults in London experience serious sexual assault and/or rape. The vast majority, 85%, are women. The figures for men are equivalent to 100 sexual assaults and rapes of men each year in the average London borough.

Yet there remain a significant number of unreported and unrecorded cases. A report, Silent Suffering, Supporting Male Survivors of Sexual Assault, which launched in November 2015, cited our research on the percentage of men who report their experiences of rape and sexual assault to the police. The report takes national datasets from the UK's police forces which show that in the period 2010-2014, there were 26,483 recorded incidents of men being victims of sexual assault or rape. When taking into account that just 3.9% of men will report the crime to the police, the estimate of actual sexual assaults and rapes against men across the UK is 679,051 incidences from 2010-2014.

The report also highlights a number of barriers to men reporting their experiences including societal responses,

where rape, sexual assault and sexual abuse is a highly taboo subject. Shame, guilt, isolation, fear of ridicule and not being believed, are common barriers that prevent men telling someone and seeking help. Further barriers include societal attitudes towards male victims of sexual assault and rape, such as issues around masculinity (for example, the assumption that they could have fought off the attacker).

Anecdotally, clients have informed us of their experiences of seeking help in non-specialist organisations. Some report being turned away because their gender doesn't 'fit' with pre-set definitions, or they were asked inappropriate questions. We recognise the need for greater awareness of how to respond to male rape and sexual violence among professionals and better responses so that those who seek help for the first time have a better experience.

## **Achievements and Performance**

## **About Clients**

SurvivorsUK helps men who have been raped, sexually abused or assaulted, whether in childhood or as adults. We have no set definition of 'men' however, and we help anyone who feels we are the most appropriate for their gender identity. Additionally we encourage others, be it friends of family, to contact us via our helpline if they themselves need emotional help or are worried about someone they know.

Of the people we help directly, around 65% report they were abused as children. At least 25% of people present with complex, multiple and acute needs who are experiencing hardship or significant ill-health. The majority of clients who receive counselling (95%) pay the minimum amount because they are unwaged, on benefits or receiving a state pension.

The impact of rape and sexual abuse is enormous and affects all aspects of people's lives. Key issues that people present with include relationship difficulties, self-esteem issues, PTSD, sexual health problems, severe anxiety, depression, suicide attempts and suicidal thoughts, drug or alcohol problems, anger management issues, or declared mental health diagnosis.

## Web and Helpline Services

#### Website

SurvivorsUK's website is a significant entry portal for people looking for help and support, whether accessing our other services, looking for help and information, or searching for specialist service providers.

We continued to develop and improve the SurvivorsUK website, which launched in 2015-16, and visits to the website and the helpline services have seen increased demand during 2016-17.

Increase in web traffic during the year:

	2015 – 2016	2016 – 2017	% change
Unique visitors	144,654	165,221	+14%
No of visits	166,085	190,018	+14%
Page views	483,567	733,734	+52%
Page per session	2.91	3.86	+33%

In 2016-17, there were 8,603 searches of the national online database of providers of service for men who've experienced rape and sexual violence – an increase of 52% on the previous year. Of this, 2,939 people ran specific searches, either by geographic area or type of service provided.

Help pages continue to be the most visited pages viewed with the highest number of unique visitors. There were more than 75,000 unique visitors to our webchat page and more than 37,000 to our SMS-chat page.

## **Page views**

	2015 – 2016	2016 – 2017	% change
Services			
Webchat	58,958	192,860	+227%
SMS Chat	42,423	92,041	+117%
Individual counselling	5,957	21,336	+258%
ISVA	2,997	10,468	+249%
Questions			
Common questions	17,035	19,972	+17%
Male sexual abuse and the law	23,502	13,541	-42%
Grooming	2,117	12,160	+474%

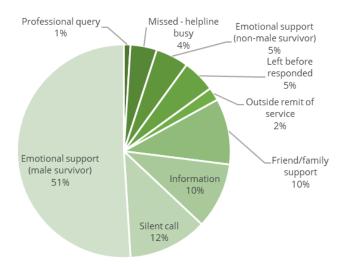
#### **Helpline Services**

SurvivorsUK provides a range of helpline services which are open seven days each week from 10:30-21:00 (weekends 10:00-18:00), including webchat, telephone, SMS messaging, WhatsApp.

During 2016-17, demand increased significantly. Overall, 1,195 people contacted our helpline services, the majority (913) arrived via our webchat services, 72 by SMS/Text, 70 by email, 66 by phone, 59 through WhatsApp. Eight people contacted us directly via Social Media and seven people sent requests for help through the post.

More than 50% of people were seeking emotional support, around 13% of callers (163) were referred to SurvivorsUK services. A further 322 were signposted to external agencies including sexual and non-sexual violence services, international services, sexual health, domestic violence, child protection, GP/NHS, vulnerable adults and drug & alcohol services.

## **Helpline Interventions**



## **Sexual Abuse and Police Reporting**

Of the people who contacted our helpline service, at least half told us of abuse that happened to them as children or adults. With the vast majority not having reported it to the police.

	No	%
Child sexual abuse	297	59%
Adult sexual abuse	209	41%
Reported to police	77	15%
Not reported to police	195	38%
Unknown police reporting	234	46%

## Registered company no 03792760 Registered charity no 1077484

# Counselling, Therapeutic Services and Emotional Support

## Face-to-face Counselling

During 2016-17, we provided a range of counselling services from our centre near Shadwell, E1. Demand for counselling services continues to outstrip availability. During the year, our waiting list fluctuated between 60-100 men at any one time. From being added to the waiting list to receiving an assessment and assigned a counsellor, takes 4-6 months.

During the course of the year, we received 123 referrals for face-to-face counselling. Of this, 39 new clients were assessed, offered and attended counselling. Overall, our counselling service booked 1,199 counselling and assessment sessions and 960 sessions were attended (80%). Of the 20% of appointments made but not attended, 73 were cancelled by the client, and 74 didn't turn up.

## **Telephone Counselling**

In 2015, we set up telephone counselling in direct response to the sporadic availability of specialist counselling for men across the UK and the difficulties therefore for people to attend regular counselling sessions. In 2016-17, eight men accessed telephone counselling. Waiting times for telephone counselling is significantly higher than for faceto-face, with people having to wait 10-12 months. During the year, four new clients accessed telephone counselling, and 88 sessions were delivered.

## Groupwork

In October 2016 we started to promote a new groupwork programme with the inaugural group launching in January 2017. Without significant advertising, we received many positive responses to setting up the groupwork service with most men referring themselves from our website. In the first group, 10 men took part in 12 x 3 hour sessions over a four month period.

We have gained significant insight into the common barriers men face when accessing other services. All reported waiting a long time to find a group specifically for men who have been sexually abused. We heard stories relating to experiences of accessing groups for people impacted by sexual violence, to find they were the solitary man in attendance listening to women's experiences of male perpetrators, which left them with compounded shame and isolation. Others told us of their experiences of attending more generic groups, which left them feeling shamed and further isolated from their experiences of surviving sexual violence. Some of the attendees had or

were concurrently accessing 1-1 counselling and found that peer support and community model of groupwork, complimented that work. Others didn't want to access 1-1 counselling, or had had negative experiences

All men attending the first sessions reported that groupwork was a positive choice for them.

## **CORE Outcomes**

We continue to use the CORE outcome measure across our counselling services which to measure change. In 2016-17 clients reported improvements across all areas of CORE including:

Ability to explore/express feelings	91%
Reduced risk of harm to self and others	91%
Improved personal insight	83%
Improved wellbeing	74%
Reduced risk of self-harm	74%
Better able to function day to day	61%
Reduced experience of abuse symptoms	61%
Improved coping strategies	57%
Reduced risk of suicide	57%

## Independent Sexual Violence Advisor Service (ISVA)

The ISVA service helps men who are considering bringing a criminal case to court, or who are already in the criminal justice system, and need independent help to navigate through what is a complex, lengthy and traumatic process, as well as incredibly difficult to secure a conviction.

The majority of people accessing the service were referred from the police (47), although many people came to us independently (37). Others were referred through prisons, prison services and probation; courts and witness services; Sexual Assault Referral Centres; and other voluntary sector organisations.

We have one member of staff to deliver this service. During the year 151 men were supported. This included supporting 54 men in person and 21 who were referred to SurvivorsUK and external provider services.

Overall, 2,300 'contacts' were made with clients such as phone calls, texts, emails, meetings. The length of time spent with clients depends on the needs of each one – some require more intensive help and support than others including attending police stations and court.

A typical client arrives at the service with a lack of understanding of the Criminal Justice System, whether they are already in the system or are considering bringing a case to court. The ISVA explains the reporting process, what the video recorded interview (VRI) involves, how the investigation will proceed, what the outcomes of an investigation can be and the court process.

A number of clients receive a 'No Further Action' police outcome to the investigation and are then left with little or no support. The challenge for the service is to manage expectations from the start. The ISVA also helps men communicate with the Criminal Injuries Compensation Authority – the application process can be problematic for clients to navigate their way through.

Client responses to the ISVA service:

Helped me to...

Think more clearly	89%
Feel more optimistic about the future	78%
Feel closer to other people	67%

## Clinic 26

In January 2017, in partnership with St Bart's Health, we set up Clinic26, a new initiative that provides sexual health tests and emotional support services for men who've been raped, sexually abused or assaulted. The new clinic, which was promoted on BBC London news, has proven to be highly effective at engaging men from BAME backgrounds and those who would not otherwise engage with sexual violence services.

## **Raising Awareness**

## **Events and Activities**

SurvivorsUK continues to raise awareness of male rape, sexual assault and sexual abuse to public audiences and practitioners. Key highlights of the year include:

In September 2016, SurvivorsUK's CEO spoke at a CPD certified conference held at the Hallam Conference Centre in London, to address the specific needs of male survivors on the topic of 'Sexual Abuse & Mental Health – Reducing the impact of abuse on mental health'. The conference was attended by health and other professionals who all rated the conference as either excellent or good.

SurvivorsUK participated in the Survivors' Trust conference, 'Supporting Survivors Past Present & Future' at Birmingham's Aston University. We ran a session on social media content and campaigning. We received positive feedback with comments including 'excellent, well presented information', 'very informative, great ideas which I'll take back to work with me'.

In July and August 2016, a play by Markus Potter and David Holthouse, *Stalking the Bogeyman*, which deals with the issue of child rape and sexual assault, received its UK premiere at Southwark Playhouse. SurvivorsUK was involved in promoting the play prior to the opening, and attended the premiere. The production company website linked to our site and services.

Other events at which we had a presence during the year included the Being a Man Festival at the Southbank Centre; Pride London; Chemsex Forums, organised by 56 Dean St; and the launch for Alan Corbett's book 'Psychotherapy with Male Survivors of Sexual Abuse: The Invisible Men' who sadly passed away in December 2016.

## Media & Social Media

The football abuse scandal received extensive national media coverage in November/December 2016, which led to a significant spike in visits to our website and the number of people accessing our support services.

New social media followers increased during that period. Our blog was published in the Huffington Post and our response to the football abuse scandal was covered in the Wall Street Journal. We made two separate appearances on the BBC's Victoria Derbyshire TV programme relating to the release of the documentary 'Abused: The Untold Story' in April 2016, and in response to the football abuse scandal in December 2016.

The second Sexual Abuse & Sexual Violence Awareness Week took place in February 2017, an event which SurvivorsUK helped to organise, along with Rape Crisis England & Wales, the Survivors Trust, Me (Migdal Emunah), NAPAC, Baspcan and Breaking the Cycle. The week generated a lot of traffic towards our social media accounts, thanks to a joint promotion through the Abuse Week social media accounts. New followers that month were 300% up on the previous months.

We find through social media, people want to express their feelings, have an outlet to comment and express their views on matters that concern them.

Increases in social media followers during the year:

	2015 – 2016	2016 – 2017	% change
Facebook	2,783	3,068	+10%
Twitter	3,088	4,526	+47%

## **Partnerships and Collaborations**

SurvivorsUK is represented on the London Metropolitan Police Rape Reference Group through our ISVA services and sit on two subgroups specific to ISVA and LGBT issues.

We continue to work collaboratively with other organisations and practitioners to improve knowledge and practice of the impact of rape and sexual violence on male victims and survivors. In 2016 we ran awareness workshops and training with RASASC (Rape Crisis South London) with attendees from colleges and universities in London, including staff and students.

We also gave presentation to Victims Support South East London, at the City of London's Victim Support conference, to Sidcup Police Child Abuse Team, the Ambrose King Centre and Club Drug Clinic. Training was also delivered to Westminster homelessness services, particularly key workers, to improve professional practice, which was very well received by all attendees.

## **Client Feedback**

'Really great service. It has changed my life.'

'Before calling I was fearful of the unpleasant procedure that reporting a crime against me would entail. I doubted at times whether I could see this to the end, wishing sometimes to revert to the coping mechanism's that had failed me before; street drugs, social isolation, living in fear. After speaking with one of your helpers I felt strengthened and that a had a friend who understand without me having to explain. Thank you.'

".... really helpful and supportive, offered things in an impartial way that allowed me the precious breathing space to make a decision...."

'Everything - access, information, support, confidentiality and feeling safe.'

## **Financial Review**

During the current financial year the charity achieved a surplus of £53,415 (2016: deficit of £64,758), increasing total reserves at year end to £155,194 (2016: £101,779).

Of the reserves held at year end,  $\pm$ 5,000 (2016:  $\pm$ 10,416) related to restricted funds and  $\pm$ 150,194 (2016:  $\pm$ 91,364) related to unrestricted funds.

## **Principal Funding Sources**

The main funding sources during the year were:

- Ministry of Justice
- The London Community Foundation
- Mayor's Office for Policing and Crime (MOPAC)
- City Bridge Trust
- Henry Smith Charity
- Comic Relief
- Stavros Niarchos Foundation

## **Reserves Policy**

The trustees have considered Charity Commission guidance on reserves and currently have a policy of holding £60,000 as a general reserve. During 2017/2018 the trustees will be reviewing the current reserve policy and intend to move to a model based on current liabilities and commitments.

The year-end unrestricted reserve was £150,194 which is equivalent to four months' expenditure. These funds have been set aside in recognition of the risks inherent in receiving annual grants and the need to plan for the eventuality of multi-year grants coming to an end in 2017-18 and beyond.

## **Structure, Governance and Management**

## **Governing Document**

Survivors (UK) is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Survivors U.K. is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 1077484 (England and Wales) and the company registration number is 3792760 (England and Wales).

## **Recruitment and Appointment of Trustees**

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting

The Trustees are also the directors of Survivors (UK) for the purpose of company law. Survivors (UK) articles of association require a minimum of three trustees. Directors meet every two months or more often if they require, with a quorum of three trustees.

Directors who have been in office for five consecutive years must stand down for at least 12 months before being eligible to stand for office again.

The objective is to have a range of appropriate skillsets across fields that are relevant to the charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the board of directors/trustees following which the required legal documentation is completed.

## **Trustee Induction and Training**

On their appointment, new trustees are provided with information, in the form of an induction pack, on their role as a trustee. Ongoing training is provided as required.

## **Risk Management**

The trustees have conducted their own review of the major risks to which the charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the trustees are currently:

## Charity fails to replace funding as grants come to an end or becomes overly reliant on one funder leading to a significant drop in income.

The trustees are currently reviewing the reserves policy to ensure it is fit for purpose and provides a suitable cushion to protect the charity from any sudden drop in income.

In addition, towards the end of the financial year the charity employed a fundraising consultant to assist the charity in putting together a sustainable funding model.

# The charity fails to comply with relevant accounting/HMRC/other regulations leading to reputational damage and/or punitive fines.

Since the year-end the charity has employed a sector specialist accounting firm to provide ongoing financial book-keeping, management accounting and financial strategic support to ensure it has access to the right support and stays up to date with relevant requirements. The charity fails to provide high quality advice leading to a negative impact on reputation and standing in the sector.

The charity will only employ accredited counsellors and also invests in clinical supervision for relevant staff to ensure all advice is provided at a consistently high level.

In addition, the charity invests heavily in training and support for all staff and holds weekly staff meetings to enable a safe space for staff to discuss relevant issues and concerns.

## **Organisational Structure**

SurvivorsUK's board of trustees meets every 6 weeks in a year and is responsible for the strategic direction and policy of the charity, as well as oversight of the charity's operations.

Board sub-committees are set up as required to consider specific issues. The day to day running of the charity is delegated to the Chief Executive who is supported with a FTE equivalent of four staff who report to the CEO. The CEO in turn reports to the Chair of Trustees.

## **Statement of Board of Trustees' Responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition the trustees confirm that they are happy that content of the annual review in pages 3 to 11 of this document meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

## Information provided to the auditors

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as the trustee is aware, there is no relevant audit information of which the company's auditors are unaware, and;
- the trustee has taken all the steps he/ she ought to have taken as a trustee in order to make himself/herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 418 of the Companies Act 2006.

## **Preparation of the report**

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006.

## **Auditors**

The auditors, Armstrong & Co., have indicated their willingness to accept re-appointment under Section 485 of the Companies Act 2006.

This report was approved and authorised for issue by the Board of Trustees on 7<sup>th</sup> November 2017 and signed on its behalf by:

Rob Hill

**Chair of the Board of Trustees** 

## Independent Auditor's Report to the Members of Survivors (UK) Limited

We have audited the financial statements of Survivors (UK) for the year ended 31st March 2017 set out on pages 13 to 25. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

## **Respective responsibilities of trustees and auditors**

As explained more fully in the Statement of Trustees' Responsibilities set out on page 10 the charity's trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed as auditor under the Companies Act 2006 and report in accordance with that Act. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Financial Reporting Council's (FRC) Ethical Standards for Auditors, including FRC Ethical Standard Provisions Available for Small Entities.

## Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees Report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

## **Opinion on financial statements**

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2017 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been properly prepared in accordance with the requirements of the Companies Act 2006.

## Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies exemption in preparing the directors report.

Anthony Arn Strong

Anthony Daniel Armstrong FCA

## **Senior Statutory Auditor**

for and on behalf of Armstrong & Co

Chartered Accountants & Statutory Auditors 4a Printing House Yard Hackney Road London E2 7PR 7th November 2017

## **Statement of Financial Activities**

## Incorporating the Income & Expenditure Account and the Statement of Recognised Gains & Losses For the year ended 31 March 2017

		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		2017	2017	2017	2016
	Notes	£	£	£	£
Income from:					
Donations and legacies	2	47,769	393,772	441,541	321,893
Charitable activities	3	24,763	-	24,763	51,541
Investments		36	-	36	280
Total income		72,568	393,772	466,340	373,714
Expenditure on:					
Raising funds	4 & 5	14,870	-	14,870	27,841
Charitable activities:					
Delivery of counselling and					
other services	4&6	4,534	257,283	261,817	252,688
Awareness raising	4&7	4,749	131,489	136,238	157,943
Total expenditure		24,153	388,772	412,925	438,472
Net income/(expenditure) for the year		48,415	5,000	53,415	(64,758)
Transfers between funds	12	10,415	(10,415)	-	-
Net movement in funds		58,830	(5,415)	53,415	(64,758)
Reconciliation of funds:					
Total funds brought forward	12	91,364	10,415	101,779	166,537
Total funds carried forward	12	150,194	5,000	155,194	101,779

All income from investments was unrestricted as to use in both the current and prior year.

## **Balance Sheet**

## As at 31 March 2017

			Total Funds		Total Funds
	Notes		2017 £		2016 £
Fixed assets					
Tangible fixed assets	9		-		465
Current assets					
Debtors and prepayments	10	20,814		17,196	
Cash at bank and in hand		183,985		109,504	
	—	204,799		126,700	
Creditors - amounts falling due					
within one year	11	(49,605)		(25,386)	
Net current assets	-		155,194		101,314
Net assets		=	155,194	=	101,779
Funds of the charity					
Restricted funds	12		5,000		10,415
Unrestricted funds:					
General funds	12	150,194		90,899	
Designated funds	12	-		465	
	-		150,194		91,364
		-	155,194	-	101,779

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

They were approved and authorised for issue by the Board of Trustees on 7th November 2017 and signed on their behalf by:

Rob Hill

Chair of the Board of Trustees

## Notes to the financial statements

## **1. Accounting policies**

## Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The effect of any event relating to the period ended 31 March 2017, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2017 and the results for the year ended on that date.

Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

## **Going concern**

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment.

## Legal status

Survivors (UK) is a charitable company limited by guarantee registered in England & Wales, and meets the definition of a public benefit entity under FRS 102. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £5 per member of the charity. The registered address is 11 Sovereign Terrace, London, E1W 3HW.

## **Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise of unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in note 12 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 12 of the financial statements.

## Income

Income is recognised when the charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

## Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 4 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on a straight-line basis. The useful life used is:

Computer equipment	3 years
Fixtures and fittings	4 years

## Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

## **Debtors and prepayments**

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

## Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

## Pensions

The charity operates several defined contribution pension schemes which are administered by external independent pension providers. Contributions are recognised in the Statement of Financial Activities as they fall due.

## **Critical estimates and judgements**

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for property, plant and equipment is sensitive to changes in useful economic lives and residual values of assets. These are reassessed annually and have been amended this year – see policy '(o)' below. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

## **Financial instruments**

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

## 2. Income from donations and legacies

	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2017	2017	2017
	£	£	£
Grant income	13,000	393,772	406,772
Donations	34,769	-	34,769
	47,769	393,772	441,541
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2016	2016	2016
	£	£	£
Grant income	-	305,289	305,289
Donations	16,604	-	16,604
	16,604	305,289	321,893

The income from the prior year has been reallocated to differentiate between general grants and contract income

as per the Charity SORP FRS 102 – total income remains unchanged.

## 3. Income from charitable activities

	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2017	2017	2017
	£	£	£
Counselling income	11,460	-	11,460
Other income from charitable activities	13,303	-	13,303
	24,763		24,763
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2016	2016	2016
	£	£	£
Counselling income	19,263	-	19,263
Other income from charitable activities	32,278	-	32,278
	51,541		51,541

The income from the prior year has been reallocated to differentiate between general grants and contract income

as per the Charity SORP FRS 102 – total income remains unchanged.

## Survivors U.K.

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## 4. Total expenditure

	Direct	Other	Indirect	Other	
	staff	direct	staff	indirect	Total
	costs	costs	costs	costs	costs
	2017	2017	2017	2017	2017
	£	£	£	£	£
Expenditure on:					
Raising funds	4,213	6,183	2,475	1,999	14,870
Charitable activities					
Delivery of counselling and					
other services	82,763	100,276	43,575	35,203	261,817
Awareness raising	31,969	63,276	22,675	18,318	136,238
	118,945	169,735	68,725	55,520	412,925
	Direct	Other	Indirect	Other	
	staff	direct	staff	indirect	Total
	costs	costs	costs	costs	costs
	2016	2016	2016	2016	2016
	£	£	£	£	£
Expenditure on:					
Raising funds	20,166	216	2,231	5,228	27,841
Charitable activities					
Delivery of counselling and					
other services	102,558	82,431	20,247	47,452	252,688
Awareness raising	35,255	80,373	12,655	29,660	157,943
	157,979	163,020	35,133	82,340	438,472

The expenditure from the prior year has been represented to take account of the changes in the cost allocation model and to bring it in line with the Charity SORP FRS 102.

Indirect costs have been allocated based on the proportion of direct costs attributable to each activity.

An analysis of staff costs can be found in note 8.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 5.

An analysis of charitable activities split between restricted and unrestricted funds can be found in notes 6 & 7.

# Included within indirect costs are the following governance costs:

	Total	Total
	costs	costs
	2017	2016
	£	£
Legal and professional fees	-	7,584
Audit fees	3,000	3,054
Insurance	626	823
	3,626	11,461

## 5. Expenditure on raising funds

	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2017	2017	2017
	£	£	£
Direct staff costs	4,213	-	4,213
Direct other costs	6,183	-	6,183
Indirect costs	4,474	-	4,474
	14,870		14,870
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2016	2016	2016
	£	£	£
Direct staff costs	20,166	-	20,166
Direct other costs	216	-	216
Indirect costs	7,459	-	7,459
	27,841		27,841

The expenditure from the prior year has been represented to take account of the changes in the cost allocation model and to bring it in line with the Charity SORP FRS 102.

## 6. Expenditure on delivery of counselling and other services

	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2017	2017	2017
	£	£	£
Direct staff costs		82,763	82,763
Direct other costs	-	100,276	100,276
Indirect costs	4,534	74,244	78,778
	4,534	257,283	261,817
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2016	2016	2016
	£	£	£
Direct staff costs	-	102,558	102,558
Direct other costs	12,902	69,529	82,431
Indirect costs	15,877	51,822	67,699
	28,779	223,909	252,688

The expenditure from the prior year has been represented to take account of the changes in the cost allocation model and to bring it in line with the Charity SORP FRS 102.

## 7. Expenditure on awareness raising

	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2017	2017	2017
	£	£	£
Direct staff costs	-	31,969	31,969
Direct other costs	2,390	60,886	63,276
Indirect costs	2,359	38,634	40,993
	4,749	131,489	136,238
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2016	2016	2016
	£	£	£
Direct staff costs	-	35,255	35,255
Direct other costs	-	80,373	80,373
Indirect costs	9,923	32,392	42,315
	9,923	148,020	157,943

The expenditure from the prior year has been represented to take account of the changes in the cost allocation model and to bring it in line with the Charity SORP FRS 102.

## 8. Staff costs

	Total	Total
	costs	costs
	2017	2016
	£	£
Gross salaries	170,522	175,893
Employer's NIC	13,597	12,534
Employer's pension	3,551	4,685
	187,670	193,112

The average headcount during the year was 6 (2016: 6).

The average number of employees calculated as full-time equivalents during the period was 6 (2016: 6).

No employee received employee benefits of more than  $\pm 60,000$  (2016 – NIL).

The total employee benefits paid to key management personnel during the year was  $\pounds$ 91,767 (2016 -  $\pounds$ 93,451).

## 9. Tangible fixed assets

	Computer equipment £	Fixtures & fittings £	Total fixed assets £
Cost			
Cost on 1st April 2016 Disposals in the year	17,398 (17,398)	12,295 (12,295)	29,693 (29,693)
Cost on 31st March 2016	<u> </u>	-	-
Accumulated depreciation			
Accumulated depreciation on 1st April 2016 Disposals in the year	16,933 (16,933)	12,295 (12,295)	29,228 (29,228)
Accumulated depreciation on 31st March 2016	-	-	-
Net book value			
Net book value on 31st March 2017	-	-	-
Net book value on 1st April 2016	465	-	465

## **10. Debtors and prepayments**

	Total	Total
	2017	2016
	£	£
Accrued grant income	15,000	-
Premises deposit	3,149	3,149
Prepayments	2,665	14,047
	20,814	17,196

Accrued grant income consists of an amount received in June 2017 from City Bridge Trust that relates to the current financial year.

## 11. Creditors - amounts falling due within one year

	Total	Total
	2017	2016
	£	£
Accounts payable	14,093	18,786
Credit card	1,997	(103)
Net salaries payable	717	-
HMRC payable	4,639	-
Pensions payable	1,117	1,202
Deferred revenue	22,917	2,500
Accruals	4,125	3,001
	49,605	25,386

## Deferred revenue consists of:

	Total 2017	Total 2016
	£	£
Deferred grant income as at 1st April 2016	2,500	-
Amount released to income in the year	(2,500)	-
Amount deferred in the year	22,917	2,500
Deferred grant income as at 31st March 2017	22,917	2,500

## 12. Analysis of charity funds

	Balance	Income	Resources	Transfers	Balance
	brought	received	expended	between	carried
	forward	in period	in period	funds	forward
	2017	2017	2017	2017	2017
	£	£	£	£	£
Unrestricted funds					
General funds	90,899	72,568	(23,688)	10,415	150,194
Designated funds - fixed assets	465	-	(465)	-	-
-	91,364	72,568	(24,153)	10,415	150,194
Restricted funds					
City Bridge Trust	-	45,000	(45,000)	-	-
Comic Relief	-	30,000	(30,000)	-	-
Henry Smith Charity	-	16,500	(16,500)	-	-
Kelly Family Charitable Trust	-	5,000	-	-	5,000
London Catalyst	-	2,500	(2,500)	-	-
The London Community Fund	-	30,000	(30,000)	-	-
Mayor's Office for Policing and Crime	-	13,000	(13,000)	-	-
Ministry of Justice - Male Rape Support Fund	-	47,126	(47,126)	-	-
Ministry of Justice - Website	-	194,063	(194,063)	-	-
Stavros Niarchos Foundation	-	2,083	(2,083)	-	-
Trust for London	-	8,500	(8,500)	-	-
Various historic balances	10,415	-	-	(10,415)	-
-	10,415	393,772	(388,772)	(10,415)	5,000
	101,779	466,340	(412,925)	-	155,194

## **Designated funds – fixed assets**

In accordance with good practice outlined in the Charity SORP, fixed assets are not considered to be easily realisable and are matched by a designated reserve rather than general reserves. The balance carried forward is equal to the net book value of the fixed assets.

## **Restricted funds – City Bridge Trust**

This is a three-year grant towards the full-time salary of the Director of Clinical Services, therapeutic programme and other costs to support adult male survivors of sexual abuse in the London area.

## **Restricted funds – Comic Relief**

This is a three-year grant towards the counselling support for male survivors of sexual abuse.

## **Restricted funds – Henry Smith Charity**

This was a three-year grant supporting the delivery of digital support service and the launch of a telephone

counselling pilot project. The three-year period ended in March 2017.

## **Restricted funds – Kelly Family Charitable Trust**

This was a one-off donation to develop a new initiative to support couples and partners. The charity is in conversation with the trust to request reallocation of funds to other services.

## **Restricted funds – London Catalyst**

This was a one-year grant to meet the costs of the clinical services including one to one counselling and group therapy. The one-year period ended in September 2016.

## Restricted funds – Ministry of Justice – Male Rape Support Fund

A further one-year grant was awarded in 2016-2017 to continue funding the first male client specific Independent Sexual Violence Advisor in London.

## **Restricted funds – Ministry of Justice - Website**

A further one-year grant was awarded in 2016-2017 to develop and run the National Male Survivor website and information project. This included the delivery of a national emotional support service using digital delivery methods.

## **Restricted funds – The London Community Foundation**

This was a twelve-month grant to provide counselling for adult male survivors of sexual violence both in childhood and as adults and was funded via the London Community Fund. It was extended for another three months in April 2017.

# Restricted funds – Mayor's Office for Policing and Crime

This is a three-year grant to provide counselling for adult male survivors of sexual violence both in childhood and as adults.

## **Restricted funds – Stavros Niarchos Foundation**

This is a one-year grant to build on and increase capacity within existing programmes, namely group counselling which started in January 2017.

## **Restricted funds – Trust for London**

This was a three-year grant supporting part of the salary of the Business Development Director that came to an end in August 2016.

## **Restricted funds – Various historic balances**

These were several small balances brought forward over many years (some since 2008), where the grant funds have been closed down by the funder as complete and fully utilised. The balances are as a result of the statutory account balances not having been reconciled with the funder reports submitted in the year. As a result, it has been deemed appropriate to transfer these funds to unrestricted reserves.

	Balance	Income	Resources	Transfers	Balance
	brought	received	expended	between	carried
	forward	in period	in period	funds	forward
	2016	2016	2016	2016	2016
	£	£	£	£	£
Unrestricted funds					
General funds	94,134	68,425	(55,357)	(16,303)	90,899
Designated funds - fixed assets	11,651	-	(11,186)	-	465
	105,785	68,425	(66,543)	(16,303)	91,364
Restricted funds					
Big Lottery Fund	13,558	-	(13,558)	-	-
City Bridge Trust	-	30,000	(30,000)	-	-
Henry Smith Charity	23,628	15,100	(38,728)	-	-
Lloyds TSB Foundation	9,839	-	(25,889)	16,050	-
London Catalyst	-	2,500	(2,500)	-	-
Ministry of Justice - Male Rape Support Fund	-	47,119	(47,119)		-
Ministry of Justice - Website	-	194,070	(194,323)	253	-
Trust for London	3,312	16,500	(19,812)		-
Various historic balances - -	10,415	-	-	-	10,415
	60,752	305,289	(371,929)	16,303	10,415
	166,537	373,714	(438,472)	-	101,779

## **Restricted funds – Big Lottery Fund**

This was a five-year grant supporting the clinical services of the organisation including the salary of the Clinical Services Manager, and came to an end in April 2015.

## **Restricted funds – Lloyds TSB Foundation**

This was a two-year grant supporting the costs of a full time administrator that came to an end in March 2016.

## 13. Analysis of net assets

	General	Designated	Restricted	Total
	funds	funds	funds	funds
	2017	2017	2017	2017
	£	£	£	£
Current assets	176,882	-	27,917	204,799
Current liabilities	(26,688)	-	(22,917)	(49,605)
	150,194	-	5,000	155,194
	General	Designated	Restricted	Total
	funds	funds	funds	funds
	2016	2016	2016	2016
	£	£	£	£
Fixed assets	-	465	-	465
Current assets	113,785	-	12,915	126,700
Current liabilities	(22,886)	-	(2,500)	(25,386)
	90,899	465	10,415	101,779

## 14. Other financial commitments

At 31 March 2017, the Charity had annual future minimum lease payments under non-cancellable operating leases (all for office equipment) as set out below:

	Total	Total
	2017	2016
	£	£
Between two and five years	15,116	15,116
	15,116	15,116

## **15. Trustee remuneration**

During the year, no trustee received any remuneration (2016 -  $\pm$ NIL). No members of the Board of Trustees received reimbursement of expenses (2016 -  $\pm$ NIL).

## 16. Related party transactions

During the year there were no transactions carried out with related parties (2016 -  $\pm$ NIL).