## **SURVIVORSUK**

## Survivors (UK)

# Annual report and financial statements

Year ended 31 March 2018

Company no 03792760

Charity no 1077484

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### Legal and administrative information

Charity name Survivors (UK)

Other operating names Survivors U.K. and Survivors (UK) Limited

**Charity registration no** 1077484 (England and Wales)

Company registration no 03792760

**Registered office** 11 Sovereign Close

London, E1W 3HW

**Trustees** Daniel Mark Carr (Chair) appointed as Chair 11<sup>th</sup> November 2017

Robert Hill (Chair) resigned 11th November 2017 Ishmael Bangura resigned 26th September 2017 Sara Brennan appointed 15th May 2018 Mark Brown appointed 11th September 2018 Dr James Brock Chisholm appointed 30th May 2017 Joanna Jamel resigned 18th April 2017 appointed 18th April 2017 Emily McFadden Dr Clare Meraz resigned 6th November 2018

**Matthew Tennant** 

Chief Executive/ Director Keith Best resigned 11th April 2017

Andy Connolly Director from 1st March 2017

**Independent Examiner** Haines Watts Chartered Accountants

4 Claridge Court Lower Kings Road Berkhamsted

Hertfordshire, HP4 2AF

Accountants Andy Nash Accounting & Consultancy Ltd

The Maltings East Tyndall Street Cardiff, CF24 5EA

Principal bankers Unity Trust Bank

Nine Brindleyplace Birmingham, B1 2HB

## Trustees' annual report

The Trustees present their report with the financial statements for Survivors U.K. (SurvivorsUK) for the year ended 31 March 2018.

#### **Aims and Objectives**

#### **Purpose and Aims**

SurvivorsUK's objective, as stated in the memorandum of association, is to provide protection of health and relief of sickness and distress to men who have suffered sexual assault, sexual abuse or rape, and to promote any charitable purpose for the benefit of men, their carers and families.

SurvivorsUK was established in 1986 and incorporated as a registered charity in June 1999. Today, the Charity is the only specialist service in London to help men deal with the impact of rape, sexual abuse or sexual assault, whether as children or adults. Nationally, we provide help and support through web-based information, telephone and online counselling and helpline services.

Our aim is to help any man or boy over the age of 13 who has been raped or sexually violated to have the confidence to speak about what has happened to them and to know that it's OK to seek help. When they do, we want to ensure they have access to the right support so they can deal with the devastating impact that rape, sexual assault and sexual abuse has on all aspects of life.

To fulfil our objectives, SurvivorsUK undertakes the following activities:

**Service provision** – SurvivorsUK provides a range of therapeutic & emotional support services for men (and anyone who feels we are the most appropriate organisation for them), who have been raped, sexually assaulted or abused, whether in childhood or as adults.

**Engagement and awareness** – SurvivorsUK works to raise awareness of the extent of sexual violence against men and boys – to encourage men to seek the help and support they need, and to improve professional practice of those who work with men, such as the police and health & welfare professionals.

#### **Delivering Public Benefit**

SurvivorsUK's objectives and activities fully reflect the purposes that the Charity was set up to further. There is an

inherent public benefit in raising public awareness of the extent of sexual violence against men and boys so that more men affected feel confident to talk about their experiences, seek help, and access appropriate support.

The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's objectives and activities, and when planning activities.

#### **Context**

Since 2014 Operation Hydrant (the national policing response to non-recent child sexual abuse investigations concerning persons of public prominence, or in relation to those offences which took place within institutional settings) has 6,783 victims on its register. Of these, 4,930 identify as male and 39 are of unknown sex.

Yet there remain a significant number of unreported and unrecorded cases. A report, *Silent Suffering, Supporting Male Survivors of Sexual Assault*, which launched in November 2015, cited our research on the percentage of men who report their experiences of rape and sexual assault to the police (3.9%). The report takes national datasets from the UK's police forces which show that in the period 2010-2014, there were 26,483 recorded incidents of men being victims of sexual assault or rape. When taking into account that just 3.9% of men will report the crime to the police, the estimate of actual sexual assaults and rapes against men across the UK is 679,051 incidences from 2010-2014.

The report also highlights a number of barriers to men reporting their experiences including societal responses, where rape, sexual assault and sexual abuse is a highly taboo subject. Shame, guilt, isolation, fear of ridicule and not being believed, are common barriers that prevent men telling someone and seeking help. Further barriers include societal attitudes towards male victims of sexual assault and rape, such as issues around masculinity (for example, the assumption that they could have fought off the attacker).

Anecdotally, clients have informed us of their experiences of seeking help in non-specialist organisations. Some report being turned away because their gender doesn't 'fit' with pre-set definitions, or they were asked inappropriate questions. We recognise the need for greater awareness of how to respond to male rape and sexual violence among professionals and better responses so that those who seek help for the first time have a better experience.

#### **Achievements and Performance**

#### **About Clients**

SurvivorsUK helps men who have been raped, sexually abused or assaulted, whether in childhood or as adults. We have no set definition of 'men' however, and we help anyone who feels we are the most appropriate for their gender identity. Additionally we encourage others, be it friends of family, to contact us via our helpline if they themselves need emotional help or are worried about someone they know.

Of the people we help directly, around 65% report they were abused as children. At least 25% of people present with complex, multiple and acute needs who are experiencing hardship or significant ill-health. The majority of clients who receive counselling (95%) pay the minimum amount because they are unwaged, on benefits or receiving a state pension.

The impact of rape and sexual abuse is enormous and affects all aspects of people's lives. Key issues that people present with include relationship difficulties, self-esteem issues, PTSD, sexual health problems, severe anxiety, depression, suicide attempts and suicidal thoughts, drug or alcohol problems, anger management issues, or declared mental health diagnosis.

#### **Web and Helpline Services**

#### Website

SurvivorsUK's website is a significant entry portal for people looking for help and support, whether accessing our other services, looking for help and information, or searching for specialist service providers.

We continued to develop and improve SurvivorsUK's website which launched in 2015-16. During the last year we focused on making it more engaging and easy to get around by changing the design and content to target multiple audiences, including clients, friends and family, donors, fundraisers, supporters, campaigners and professionals.

Changes in web traffic during the year:

	2016 - 2017	2017 - 2018	% change
Unique visitors	165,221	198,636	+20%
No. of visits	190,018	229,234	+21%
Page views	N/A	363,736	-
Page per session	N/A	1.59	-

In 2017-18, the number of page views (363,736) and page per session (1.59) decreased despite the increase in unique visitors and number of visits. This is mainly due to a website and Google AdWords clean-up that included the removal of duplicate tracking codes on the platform, which were causing inaccurate analytics reporting, and of negative or unrelated keywords on the Google advertising platform, which were driving non-quality traffic to the website. At the same time, the enhanced design makes the website more user friendly and easier to navigate. Visitors now spend +18.70% more time on it compared to the previous year.

In 2017-18, there were 5,047 searches of the national online database of providers of service for men who've experienced rape and sexual violence. This was a 41% decrease compared to the previous year. Theses searches were carried out by 4,211 people, an increase of 43% compared to the previous year.

Help pages continue to be the most visited pages with the highest number of unique visitors, with the exception of the new #WeSeeYou awareness campaign page, which is currently the third most visited page on the website with 39,971 page views (after the Homepage and Webchat page).

# **Survivors (UK)**Annual report and financial statements Year ended 31 March 2018

#### **Page views**

	2016 - 2017	2017 – 2018	% change
Services			
Webchat	192,860	67,830	-65%*
SMS Chat	92,041	21,973	-76%*
Individual counselling	21,336	5,667	-73%
ISVA	10,468	4,661	-55%
Questions			
Common questions	19,972	9,510	-52%
Male sexual abuse and the law	13,541	14,652	+8%
Grooming	12,160	9,559	-21%

<sup>\*</sup>Pages have been merged together into Online Helpline (4,553 visits up to 31st March 2018)

#### **Helpline Services**

SurvivorsUK provides a range of helpline services which are open seven days each week from 10:30-21:00 (weekends 10:00-18:00), including webchat, telephone, SMS messaging and WhatsApp.

During 2017-18 demand increased significantly. Overall, 2,345 people contacted our helpline services, more than double the previous year. The majority (1,231) arrived via our webchat services, 438 through WhatsApp, 268 by SMS/Text, 252 by phone and 139 by email. Six people contacted us directly via social media and eight people sent requests for help through the post.

More than 50% of people were seeking emotional support, around 10% of callers (229) were referred to SurvivorsUK services. A further 1,000 exactly were signposted to external agencies including sexual and non-sexual violence services, international services, sexual health, domestic

violence, child protection, GP/NHS, vulnerable adults and drug & alcohol services.

#### **Sexual Abuse and Police Reporting**

Of the people who contacted our helpline service, at least half told us of abuse that happened to them as children or adults. With the majority not having reported it to the police.

	No.	%
Child sexual abuse	845	67%
Adult sexual abuse	425	33%
Reported to police	165	13%
Not reported to police	362	29%
Unknown police reporting	377	30%

# **Counselling, Therapeutic Services and Emotional Support**

#### **Face-to-face Counselling**

During 2017-18, we provided a range of counselling services from our centre near Shadwell, E1. Demand for counselling services continues to outstrip availability. During the year, our waiting list fluctuated between 120-200 men at any one time. From being added to the waiting list to receiving an assessment and assigned a counsellor, takes 6-9 months.

During the course of the year, we received referrals for face-to-face counselling. Of this, 90 new clients were assessed, offered and attended counselling. Overall, our counselling service booked 1,672 counselling and assessment sessions.

#### **Telephone Counselling**

In 2015, we set up telephone counselling in direct response to the sporadic availability of specialist counselling for men across the UK and the difficulties therefore for people to attend regular counselling sessions. In 2017-18, 12 men accessed telephone counselling. Waiting times for telephone counselling is significantly higher than for face-to-face, with people having to wait 10-12 months. During the year, four new clients accessed telephone counselling, and 88 sessions were delivered.

#### **Groupwork**

Our pilot groupwork service started in January 2017 was rolled out more fully in 2017/2018 delivering 5 groups to 3 men.

# **Survivors (UK)**Annual report and financial statements Year ended 31 March 2018

We gained significant insights into the barriers for men accessing services as well as best practice for groupwork with male survivors which is being used to inform future projects. Many men spoke of the importance of being able to speak to other male survivors in a safe space and we have seen this peer support last long after the group has ended.

#### **Independent Sexual Violence Advisor Service (ISVA)**

The ISVA service helps men who are considering bringing a criminal case to court, or who are already in the criminal justice system, and need independent help to navigate through what is a complex, lengthy and traumatic process.

The majority of people accessing the service were referred from the police (52), although many people came to us independently (48). Another 27 clients were referred through prisons, prison services and probation; courts and witness services; Sexual Assault Referral Centres; and other voluntary sector organisations.

During the year 212 men were supported.

Overall, 3,732 'contacts' were made with clients through face to face meetings, phone calls, texts and emails. The length of time spent with clients depends on the needs of each one – some require more intensive help and support than others including attending police stations and court.

Client responses to the ISVA service:

Helped me to...

Think more clearly	76%
Deal with problems better	72%
Feel more optimistic about the future	59%

#### Clinic26

Clinic26, our partnership with Bart's Health that provides sexual health tests and emotional support services for men who've been raped, sexually abused or assaulted, continued. Since 2017 the clinic has supported 21 men.

#### **Civil Law Clinic**

In February 2018, we established a Civil Law Clinic. This is an opportunity for survivors to access free advice from law firm Bolt Burdon Kemp and is run on a monthly basis.

#### **Raising Awareness**

#### **Events and Activities**

SurvivorsUK continues to raise awareness of male rape, sexual assault and sexual abuse to public audiences and practitioners. Key highlights of the year include:

In June and July 2017 SurvivorsUK had a presence at 'Groomed', a play written by and starring Patrick Sandford at the Soho Theatre, London. Following every performance there was a Q&A session featuring the cast of the play, together with male survivors and a representative of SurvivorsUK.

Other events at which we had a presence during the year included Pride London; 'Victims at the heart of the Criminal Justice System': a conference organised by the Mayor's Office for Policing and Crime and was attended by the Mayor of London Sadiq Khan; 'Light up the Night': a night time walk over London's Millennium Bridge to promote Sexual Abuse & Sexual Violence Awareness Week.

#### Media & Social Media

The football abuse scandal and various revelations related to the #MeToo movement received continuing national media coverage in 2017-18, which contributed to a sustained increase in visits to our website and the number of people accessing our support services.

In December 2017 a documentary was broadcast on BBC One entitled 'Male Rape: Breaking the Silence.' This documentary was produced in consultation with SurvivorsUK, and featured two members of SurvivorsUK staff, together with some service users from the groupwork programme speaking anonymously about their experiences.

In February 2018 our Acting CEO wrote an opinion article for the Observer entitled 'If the abused can't speak, we need other routes to their pain'. This article discussed the possible reasons why it takes male survivors such a long time to talk about their experiences, in reference to the football abuse scandal.

In February 2018 our Acting CEO was also interviewed for Channel 4 News in relation to the football abuse scandal.

The third Sexual Abuse & Sexual Violence Awareness Week took place in February 2018, an event which SurvivorsUK helped to jointly organise.

We find through social media, people want to express their feelings, have an outlet to comment and express their views on matters that concern them.

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Increases in social media followers during the year:

	2016- 2017	2017- 2018	% change
Facebook	3,068	3,722	+21%
Twitter	4,526	6,108	+35%

#### **Partnerships and Collaborations**

Throughout 2017-18 SurvivorsUK worked closely with Galop and The Havens in putting together a formal partnership bid to the London Crime Prevention Fund. This bid was designed to increase capacity and service provision for male and LGBT+ survivors of sexual violence. The bid was successful and will be implemented in 2018.

SurvivorsUK also provided consultancy in 2017-18 to the British Army on their Sexual Harassment survey and strategy.

SurvivorsUK is represented on the London Metropolitan Police Rape Reference Group through our ISVA services and sit on two subgroups specific to ISVA and LGBT issues.

We continue to work collaboratively with other organisations and practitioners to improve knowledge and practice of the impact of rape and sexual violence on male victims and survivors. We have worked closely with the Prison Service, Rape Crisis centres, The Havens and Galop to ensure male survivors are provided with support.

#### **Client Feedback**

The level of confusion that being assaulted causes lasts long after the act. Things don't just carry on, they can. You try to carry on, but you are so confused you become lost. The ISVA service offered by Survivors helped me make my own decisions, this enabled me to learn to trust myself and accept things, particularly the disappointment and repeated failure of statutory services and the associated anger that creates. If I had not have had the help I'd still be waking up sweating, failing to fall asleep again, going to work like a robot, no justice was done for me, but Survivors made sure he didn't steal my whole life.'

'I am so grateful that Survivors ISVA service could support me to be a court witness. It was a harrowing assault and the organisation where I was assaulted failed me terribly, but the defendant was found guilty and I successfully sued the organisation. With the support of Survivors I can be proud that I got justice.'

'I kept my abuse secret for 35 years and when I contacted SurvivorsUK the burden had become unbearable. There's been an improvement in my work. I did an evening course at college and I am more aware of what happened to me and the scars the abuse have left me.'

Throughout my time in therapy I have felt valued and understood. There was nothing I shared I felt I wasn't heard or acknowledged. I feel better about myself today than I ever have. Thank you.'

#### **Financial Review**

During the current financial year the Charity achieved a surplus of £108,112 (2017: surplus of £53,415), increasing total reserves at year end to £263,306 (2017: £155,194).

Of the reserves held at year end, £15,250 (2017: £5,000) related to restricted funds and £248,056 (2017: £150,194) related to unrestricted funds.

#### **Principal Funding Sources**

The main funding sources during the year were:

- Ministry of Justice
- The London Community Foundation
- Mayor's Office for Policing and Crime (MOPAC)
- City Bridge Trust
- Comic Relief
- Stavros Niarchos Foundation
- Arm Trust

#### **Reserves Policy**

The Trustees have considered Charity Commission guidance on reserves and currently have a policy of holding £100,000 as a general reserve. During the next year the Trustees will be reviewing the current reserve policy and intend to move to a model based on current liabilities and commitments.

The year-end unrestricted reserve was £248,056 which is equivalent to seven months' expenditure. These funds have been set aside in recognition of the risks inherent in receiving annual grants and the need to plan for the eventuality of multi-year grants coming to an end in 2018-19 and beyond.

## **Survivors (UK)** *Annual report and financial statements*

Annual report and financial statements
Year ended 31 March 2018

#### Structure, Governance and Management

#### **Governing Document**

Survivors (UK) is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Survivors U.K. is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 1077484 (England and Wales) and the company registration number is 03792760 (England and Wales).

#### **Recruitment and Appointment of Trustees**

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting

The Trustees are also the directors of Survivors (UK) for the purpose of company law. Survivors (UK) articles of association require a minimum of three trustees. Directors meet every two months, with a quorum of three trustees.

Directors who have been in office for five consecutive years must stand down for at least 12 months before being eligible to stand for office again.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

#### **Trustee Induction and Training**

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

#### **Risk Management**

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the Trustees are currently:

Charity fails to replace funding as grants come to an end or becomes overly reliant on one funder leading to a significant drop in income.

The Trustees are currently reviewing the reserves policy to ensure it is fit for purpose and provides a suitable cushion to protect the Charity from any sudden drop in income.

In addition, towards the end of the financial year the Charity employed a fundraising consultant to assist the Charity in putting together a sustainable funding model.

The Charity fails to comply with relevant accounting/HMRC/other regulations leading to reputational damage and/or punitive fines.

Since the year-end the Charity has employed a sector specialist accounting firm to provide ongoing financial book-keeping, management accounting and financial strategic support to ensure it has access to the right support and stays up to date with relevant requirements.

The Charity fails to provide high quality advice leading to a negative impact on reputation and standing in the sector.

The Charity will only employ accredited counsellors and also invests in clinical supervision for relevant staff to ensure all advice is provided at a consistently high level.

In addition, the Charity invests heavily in training and support for all staff and holds weekly staff meetings to enable a safe space for staff to discuss relevant issues and concerns.

#### **Organisational Structure**

SurvivorsUK's Board of Brustees meets every 2 months and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day to day running of the Charity is delegated to the Chief Executive who is supported with a FTE of four staff who report to the CEO. The CEO in turn reports to the Chair of Trustees.

Annual report and financial statements Year ended 31 March 2018

#### **Statement of Board of Trustees' Responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition the trustees confirm that they are happy that content of the annual review in pages 3 to 9 of this document meet the requirements of both the

Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

## Information provided to the independent examiner

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as the trustee is aware, there is no relevant audit information of which the company's independent examiner is unaware; and,
- the trustee has taken all the steps he/ she ought to have taken as a trustee in order to make himself/herself aware of any relevant information and to establish that the company's independent examiner is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 418 of the Companies Act 2006.

#### **Preparation of the report**

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006.

This report was approved and authorised for issue by the Board of Trustees on 6<sup>th</sup> November 2018 and signed on its behalf by:

## Daniel Mark Carr

Daniel Mark Carr

**Chair of the Board of Trustees** 

## Independent Examiner's Report to the Members of Survivors (UK)

I report to the Trustees on my examination of the accounts of Survivors (UK) (charity number 1077484, company number 03792760) for the year ended 31 March 2018 which are set out on pages 11 to 25.

## Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

#### Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and

consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or,
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



#### **Shaun Brownsmith FCA**

For and on behalf of Haines Watts Chartered Accountants 4 Claridge Court Lower Kings Road Berkhamsted

Date: 20/12/2018

Hertfordshire, HP4 2AF

### **Statement of Financial Activities**

# Incorporating the Income & Expenditure Account and the Statement of Recognised Gains & Losses For the year ended 31 March 2018

	Notes	Unrestricted Funds 2018 £	Restricted Funds 2018 £	Total Funds 2018 £	Total Funds 2017 £
Income from:					
Donations and legacies	2	103,480	402,511	505,991	441,541
Charitable activities	3	14,135	-	14,135	24,763
Investments		-	-	-	36
Total income		117,615	402,511	520,126	466,340
Expenditure on:					
Raising funds	4 & 5	19,753	20,552	40,305	14,870
Charitable activities:					
Delivery of counselling and other services	4 & 6	-	287,785	287,785	261,817
Awareness raising	4 & 7	-	83,924	83,924	136,238
Total expenditure		19,753	392,261	412,014	412,925
Net income/(expenditure) for the year		97,862	10,250	108,112	53,415
Transfers between funds	12	-	-	-	-
Net movement in funds		97,862	10,250	108,112	53,415
Reconciliation of funds:					
Total funds brought forward	12	150,194	5,000	155,194	101,779
Total funds carried forward	12	248,056	15,250	263,306	155,194

All income from investments was unrestricted as to use in both the current and prior year.

The notes on pages 14 to 25 form part of the financial statements.

# Balance sheet As at 31 March 2018

			Total		Total
			Funds		Funds
			2018		2017
	Notes		£		£
Fixed assets					
Tangible fixed assets	9		1,196		-
Current assets					
Debtors and prepayments	10	53,080		20,814	
Cash at bank and in hand		275,969		183,985	
	_	329,049	<del>-</del>	204,799	
Creditors - amounts falling due					
within one year	11	(66,939)		(49,605)	
Net current assets	<del>-</del>		262,110		155,194
Net assets		•	263,306	- -	155,194
Funds of the charity					
Restricted funds	12		15,250		5,000
Unrestricted funds:					
General funds	12	248,056		150,194	
	_		248,056		150,194
			263,306	<u>-</u>	155,194

The notes on pages 14 to 25 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2018, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2018 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 6 November 2018 and signed on their behalf by:

## Daniel Mark Carr

Daniel Mark Carr

#### **Chair of the Board of Trustees**

# Statement of cash flows For the year ended 31 March 2018

		2018		2017
		£		£
Cash flows from operating activities:				
Net income/(expenditure) for period (as per S	OFA)	108,112		53,415
Adjustments for:				
Depreciation charges	31		-	
(Profit)/loss on disposal of fixed assets	-		465	
(Increase)/decrease in accounts				
receivable	(3,872)		-	
(Increase)/decrease in accrued				
grant income	(26,000)		(15,000)	
(Increase)/decrease in prepayments	(2,394)		11,382	
Increase/(decrease) in accounts payables	10,915		(4,693)	
Increase/(decrease) in HMRC				
and pensions payable	(2,176)		5,271	
Increase/(decrease) in accruals	1,335		1,124	
Increase/(decrease) in deferred revenue	9,178		20,417	
Increase/(decrease) in credit card	(1,918)		2,100	
		(14,901)		21,066
Net cash used in operating activities	-	93,211	_	74,481
Cash flows from investing activities:				
Purchase of fixed assets	(1,227)		-	
Net cash used in investing activities		(1,227)		-
Net cash used in financing activities		-		-
Change in cash and cash equivalents in peri	od	91,984	_	74,481
Cash and cash equivalents at the beginning				
of the period		183,985		109,504
Cash and cash equivalents at the end of the	period	275,969	=	183,985
Cash and cash equivalents consists of:				
		2018		2017
		£		£
Cash in hand		275,969		183,985
	-	275,969	_ _	183,985

The notes on pages 14 to 25 form part of the financial statements.

### Notes to the financial statements

#### 1. Accounting policies

#### **Basis of preparation of the financial statements**

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The effect of any event relating to the period ended 31 March 2018, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2018 and the results for the year ended on that date.

#### **Going concern**

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment.

#### **Legal status**

Survivors (UK) is a charitable company limited by guarantee registered in England & Wales, and meets the definition of a public benefit entity under FRS 102. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity. The registered address is 11 Sovereign Terrace, London, E1W 3HW.

#### **Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise of unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in note 12 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 12 of the financial statements.

#### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

#### **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 4 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

#### Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised other than those purchased using restricted grant funding, which are not capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on a straight-line basis. The useful life used is:

Computer equipment

3 years

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#### Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

#### **Debtors and prepayments**

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### **Creditors**

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

#### **Pensions**

The Charity operates several defined contribution pension schemes which are administered by external independent

pension providers. Contributions are recognised in the Statement of Financial Activities as they fall due.

#### **Critical estimates and judgements**

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for property, plant and equipment is sensitive to changes in useful economic lives and residual values of assets. These are reassessed annually.

In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

#### **Financial instruments**

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

### 2. Income from donations and legacies

	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2018	2018	2018
	£	£	£
Grant income	74,000	402,511	476,511
Donations	29,480	-	29,480
	103,480	402,511	505,991
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2017	2017	2017
	£	£	£
Grant income	13,000	393,772	406,772
Donations	34,769	-	34,769
	47,769	393,772	441,541

## 3. Income from charitable activities

	Unrestricted Funds 2018 £	Restricted Funds 2018 £	Total Funds 2018 £
Counselling income Other income from charitable activities	14,120 15	<u>-</u>	14,120 15
	14,135		14,135
	Unrestricted Funds 2017	Restricted Funds 2017	Total Funds 2017
	£	£	£
Counselling income Other income from charitable activities	11,460 13,303	- -	11,460 13,303
	24,763		24,763

#### 4. Total expenditure

	Direct	Other	Indirect	Other	
	staff	direct	staff	indirect	Total
	costs	costs	costs	costs	costs
	2018	2018	2018	2018	2018
	£	£	£	£	£
Expenditure on:					
Raising funds	-	28,953	3,892	7,460	40,305
Charitable activities					
Delivery of counselling and other services	91,401	115,328	27,792	53,264	287,785
Awareness raising	27,546	32,740	8,105	15,533	83,924
_	118,947	177,021	39,789	76,257	412,014
	Direct	Other	Indirect	Other	
	staff	direct	staff	indirect	Total
	costs	costs	costs	costs	costs
	2017	2017	2017	2017	2017
	£	£	£	£	£
Expenditure on:					
Raising funds	4,213	6,183	2,475	1,999	14,870
Charitable activities					
	82,763	100,276	43,575	35,203	261,817
Delivery of counselling and other services	02,703	100,270	- /		•
Delivery of counselling and other services Awareness raising	31,969	63,276	22,675	18,318	136,238

Indirect costs have been allocated based on the proportion of direct costs attributable to each activity.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 5.

An analysis of staff costs can be found in note 8.

An analysis of charitable activities split between restricted and unrestricted funds can be found in notes 6 & 7.

#### Indirect costs includes:

	Total	Total
	costs	costs
	2018	2017
	£	£
Staff costs	39,789	68,725
Administrative costs	12,253	10,312
Finance costs	11,982	2,200
Premises costs	28,325	18,703
Other staff costs	15,125	13,171
Governance costs	1,410	3,626
IT costs	7,161	7,508
	116,045	124,245
Governance costs include:		
	Total	Total
	costs	costs
	2018	2017
	£	£
Statutory audit	-	3,000
Independent examination	900	-
Insurance	399	626
Trustee expenses	60 51	-
Other		
	1,410	3,626

#### 5. Expenditure on raising funds

	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2018	2018	2018
	£	£	£
Direct other costs	19,753	9,200	28,953
Indirect costs	-	11,352	11,352
	19,753	20,552	40,305
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2017	2017	2017
	£	£	£
Direct staff costs	4,213	-	4,213
Direct other costs	6,183	-	6,183
Indirect costs	4,474	-	4,474
	14,870		14,870

### 6. Expenditure on delivery of counselling and other services

	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2018	2018	2018
	£	£	£
Direct staff costs	-	91,401	91,401
Direct other costs	-	115,328	115,328
Indirect costs	-	81,056	81,056
		287,785	287,785
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2017	2017	2017
	£	£	£
Direct staff costs	-	82,763	82,763
Direct other costs	-	100,276	100,276
Indirect costs	4,534	74,244	78,778
	4,534	257,283	261,817

#### 7. Expenditure on awareness raising

	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	2018	2018	2018
	£	£	£
Direct staff costs	-	27,546	27,546
Direct other costs	-	32,740	32,740
Indirect costs	-	23,638	23,638
	-	83,924	83,924
	<i>Unrestricted</i>	Restricted	Total
	Funds	Funds	Funds
	2017	2017	2017
	£	£	£
Direct staff costs	-	31,969	31,969
Direct other costs	2,390	60,886	63,276
Indirect costs	2,359	38,634	40,993
	4,749	131,489	136,238

#### 8. Staff costs

	Total	Total
	costs	costs
	2018	2017
	£	£
Gross salaries	144,653	153,303
Employer's NIC	10,518	12,534
Employer's pension	3,565	4,685
	158,736	170,522

The average headcount during the year was 6 (2017: 6).

The average number of employees calculated as full-time equivalents during the period was 5 (2017: 6).

No employee received employee benefits of more than  $\pm 60,000$  (2017: NIL).

The total employee benefits paid to key management personnel during the year was £53,973 (2017: £91,767).

**Total** 

Total

#### 9. Tangible fixed assets

	Computer	Total fixed assets	
	equipment		
	£	£	
Cost			
Cost on 1 April 2017	-	-	
Acquisitions in the year	1,227	1,227	
Cost on 31 March 2018	1,227	1,227	
Accumulated depreciation			
Accumulated depreciation on 1 April 2017	-	-	
Charge in the year	31	31	
Accumulated depreciation on 31 March 2018	31	31	
Net book value			
Net book value on 31 March 2018	1,196	1,196	
Net book value on 1 April 2017	-	-	

#### 10. Debtors and prepayments

	2018	2017
	£	£
Accounts receivable	3,872	-
Accrued grant income	41,000	15,000
Premises deposit	3,149	3,149
Prepayments	5,059	2,665
	53,080	20,814

Accrued grant income consists of amounts received in the current period from funders that relates to expenditure in the reported financial year.

### 11. Creditors - amounts falling due within one year

	Total	Total
	2018	2017
	£	£
Accounts payable	25,008	14,093
Credit card	79	1,997
Net salaries payable	-	717
HMRC payable	4,297	4,639
Pensions payable	-	1,117
Deferred revenue	32,095	22,917
Accruals	5,460	4,125
	66,939	49,605
Deferred revenue consists of:		
	Total	Total
	2018	2017
	£	£
Deferred grant income as at 1st April 2017	22,917	2,500
Amount released to income in the year	(22,917)	(2,500)
Amount deferred in the year	32,095	22,917
Deferred grant income as at 31st March 2018	32,095	22,917

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#### 12. Analysis of charity funds

	Balance	Income	Resources	<b>Transfers</b>	<b>Balance</b>
	brought	received	expended	between	carried
	forward	in period	in period	funds	forward
	2018	2018	2018	2018	2018
	£	£	£	£	£
Unrestricted funds					
General funds	150,194	117,615	(19,753)	-	248,056
Designated funds - fixed assets	-	-	-	-	-
	150,194	117,615	(19,753)	-	248,056
Restricted funds					
City Bridge Trust	-	60,000	(60,000)	-	-
Comic Relief	-	30,000	(30,000)	-	-
Kelly Family Charitable Trust	5,000	-	-	-	5,000
The London Community Fund	-	42,500	(32,250)	-	10,250
Ministry of Justice - Male Rape Support Fund	-	49,159	(49,159)	-	-
Ministry of Justice - Website	-	194,063	(194,063)	-	-
Stavros Niarchos Foundation	-	22,917	(22,917)	-	-
Women & Girl's Network	-	3,872	(3,872)	-	-
	5,000	402,511	(392,261)	<u> </u>	15,250
_	155,194	520,126	(412,014)		263,306

#### **Restricted funds - City Bridge Trust**

This is a three-year grant towards the full-time salary of the Director of Clinical Services, therapeutic programme and other costs to support adult male survivors of sexual abuse in the London area.

#### **Restricted funds - Comic Relief**

This is a three-year grant towards the counselling support for male survivors of sexual abuse.

#### **Restricted funds - Kelly Family Charitable Trust**

This was a one-off donation to develop a new initiative to support couples and partners. Since the financial year end the funds have been returned to the funder.

#### **Restricted funds - The London Community Foundation**

This was a twelve-month grant to provide counselling for adult male survivors of sexual violence both in childhood and as adults and was funded via the London Community Fund. It was extended for another three months in April 2018.

## Restricted funds - Ministry of Justice - Male Rape Support Fund

A further one-year grant was awarded in 2017-2018 to continue funding the first male client specific Independent Sexual Violence Advisor in London.

#### **Restricted funds - Ministry of Justice - Website**

A further one-year grant was awarded in 2017-2018 to develop and run the National Male Survivor website and information project. This included the delivery of a national emotional support service using digital delivery methods.

#### **Restricted funds – Stavros Niarchos Foundation**

This is a one-year grant to build on and increase capacity within existing programmes, namely group counselling which started in January 2018.

#### Restricted funds – Women and Girl's Network

This is a new project co-ordinated by the Women and Girl's Network to support counselling work.

	Balance	Income	Resources	Transfers	Balance
	brought	received	expended	between	carried
	forward	in period	in period	funds	forward
	2017	2017	2017	2017	2017
	£	£	£	£	£
Unrestricted funds					
General funds	90,899	72,568	(23,688)	10,415	150,194
Designated funds - fixed assets	465	-	(465)	-	-
_	91,364	72,568	(24,153)	10,415	150,194
Restricted funds					
City Bridge Trust	-	45,000	(45,000)	-	-
Comic Relief	-	30,000	(30,000)	-	-
Henry Smith Charity	-	16,500	(16,500)	-	-
Kelly Family Charitable Trust	-	5,000	-	-	5,000
London Catalyst	-	2,500	(2,500)	-	-
The London Community Fund	-	30,000	(30,000)	-	-
Mayor's Office for Policing and Crime	-	13,000	(13,000)	-	-
Ministry of Justice - Male Rape Support Fund	-	47,126	(47,126)	-	-
Ministry of Justice - Website	-	194,063	(194,063)	-	-
Stavros Niarchos Foundation	-	2,083	(2,083)	-	-
Trust for London	-	8,500	(8,500)	-	-
Various historic balances	10,415	-	-	(10,415)	-
_	10,415	393,772	(388,772)	(10,415)	5,000
_	101,779	466,340	(412,925)		155,194

#### **Designated funds - fixed assets**

In accordance with previous good practice outlined in the Charity SORP, fixed assets were not considered to be easily realisable and are matched by a designated reserve rather than general reserves. The balance carried forward was equal to the net book value of the fixed assets. With the transition to FRS 102 in the prior period this fund was removed.

#### **Restricted funds - Henry Smith Charity**

This was a three-year grant supporting the delivery of digital support service and the launch of a telephone counselling pilot project. The three-year period ended in March 2017.

#### **Restricted funds - London Catalyst**

This was a one-year grant to meet the costs of the clinical services including one to one counselling and group therapy. The one-year period ended in September 2017.

## Restricted funds - Mayor's Office for Policing and Crime

This is a three year grant to provide counselling for adult male survivors of sexual violence both in childhood and as adults. It is now treated as an unrestricted grant as it is for all services.

#### **Restricted funds - Trust for London**

This was a three-year grant supporting part of the salary of the Business Development Director that came to an end in August 2017.

#### **Restricted funds - Various historic balances**

These were several small balances brought forward over many years (some since 2008), where the grant funds have been closed down by the funder as complete and fully utilised. The balances are as a result of the statutory account balances not having been reconciled with the funder reports submitted in the year. As a result, it was deemed appropriate to transfer these funds to unrestricted reserves in the prior financial year.

#### 13. Analysis of net assets

	General	Restricted	Total
	funds	funds	funds
	2018	2018	2018
	£	£	£
Fixed assets	1,196	-	1,196
Current assets	281,704	47,345	329,049
Current liabilities	(34,844)	(32,095)	(66,939)
	248,056	15,250	263,306
	General	Restricted	Total
	funds	funds	funds
	2017	2017	2017
	£	£	£
Current assets	176,883	27,917	204,800
Current liabilities	(26,689)	(22,917)	(49,606)
	150,194	5,000	155,194

#### 14. Other financial commitments

At 31 March 2018, the Charity had annual future minimum lease payments under non-cancellable operating leases (all for office equipment) as set out below:

	IUlai	rotar
	2018	2017
	£	£
Between two and five years	15,116	15,116
	15,116	15,116

#### 15. Trustee remuneration

During the year, no Trustee received any remuneration (2017: £NIL). One member of the Board of Trustees

received reimbursement of travel expenses to meetings totalling £60 (2017: £NIL).

Total

#### 16. Related party transactions

During the year there were no transactions carried out with related parties (2017: £NIL).