SURVIVORS UK
We Support. We Challenge. We Build.
GROUP WORK

Self-Referrals to our Group Work Programmes must be made via our website, unless the client is currently referred to our other services.
An assessment is required for all clients before joining any group sessions.
Introductory discussions are for clients to be introduced to the facilitators and collaboratively explore if the group is suitable for them.
To receive monthly updates of our Group Work Programmes, referred clients can be added to our Mailchimp subscription list on request.

	Group	Schedule	Access Requirement	Description
1	CORE	12 weeks Mondays 4pm-7pm or Tuesdays 6:30pm-9:30pm (Times may be subject to change)	Introductory discussion required	Group to support survivors with experiences and trauma with Sexual violence/assault/abuse ***Clients cannot access 1-1 therapy during the 12-week programme, but can be on waiting lists for both support services***
2	Tune In Tuesday	1st Tuesday each month 6pm-9pm	Open to all survivors	Open group with a longer check in and small group discussions of themes raised in the check in
3	Open Mic Night	1st Thursday each month 5:30pm-7:30pm	Invite only	Where survivors can showcase their work from the creative writing group
4	Allies	1st Wednesday each month 6:30pm-8:30pm	Introductory discussion required	For friends, family & loved ones of male, non-binary and trans survivors
5	BAM	2nd & 4th Thursday each month 6pm-8pm	Introductory discussion required	For Black, Asian & Multi-Heritage survivors
6	Trans, Non-Binary & Gender Diverse group	2nd Tuesday each month 6:30pm-9pm	Introductory discussion required	For Trans, Non-Binary & Gender Diverse survivors
7	CORE Ongoing	3rd Wednesday each month 6:30pm-9pm	Invite only	Monthly group for those whom have completed CORE (see no.1)
8	Get Together	3rd Sunday each month 3:30pm-6pm	Open to all survivors	An open, informal group with themed breakout rooms
9	Ongoing Chemsex Survivors	4th Wednesday of each month 6:30pm-9pm	Invite only	Monthly group for those whom have completed Chemsex Survivors (see no.12)
10	Young People's Group	Last Wednesday each month 6:30pm-8:30pm	Introductory discussion required	For survivors aged 18-24
11	Sex & Intimacy	Each run to be confirmed	Introductory discussion required	6 weekly session workshop For survivors who have challenges with sex & intimacy either in relationships or while single
12	Chemsex Survivors	Each run to be confirmed	Introductory discussion required	4-6 weekly sessions for survivors who have had a complex relationship with Chemsex
13	Wednesday Wellness	Wednesdays once a month Each run to be confirmed	Open to all	Online or face to face sessions covering different topics to improve wellness